



AWARE

Spring 2003

Spring Greetings from the AWRC staff...

Greetings to everyone from the staff at the Centre. Spring is finally here. Hurray! It's time to put our snow shovels away and take out our gardening tools - a sign of new life. On the subject of gardening, be sure to watch for the Antigonish Garden Club Tour scheduled for the 6th of July. We will be helping to host tours of 5 fabulous gardens.

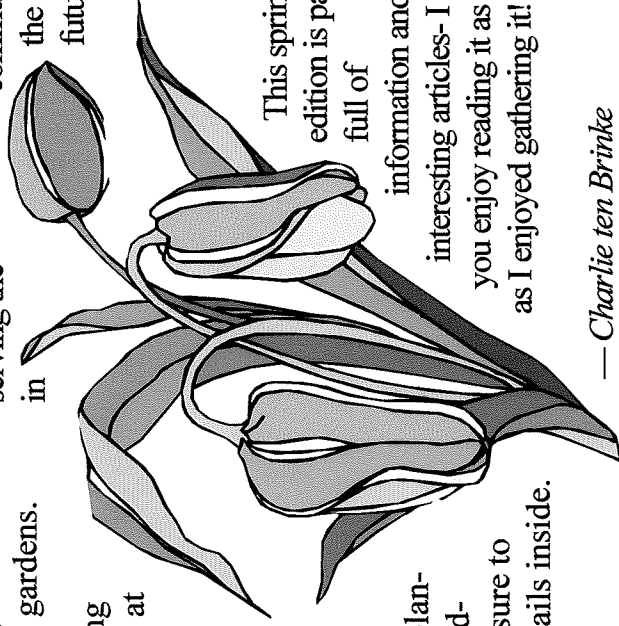
Spring is an exciting and busy time here at the Centre. We are excited about our up-coming spring programs. There is something for women of all ages. We are also busy planning for future fundraising events. Be sure to check for more details inside.

- Isabel Gillis

Spring Greetings from the Board of Directors...

Spring has finally sprung in Antigonish! It is such a relief to enjoy warm, sunny days without jackets. We eagerly peek at our flower beds to see what is popping up... what a delight to the senses to see colourful crocuses, tulips and daffodils.

We are celebrating our 20th year at the Centre and we look forward to serving the community in the future.



This spring edition is packed full of information and interesting articles- I hope you enjoy reading it as much as I enjoyed gathering it!

— Charlie ten Brinke

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AWA phone: 863-6221

AWAre editor:

Charlie ten Brinke

Submissions to AWAre can be emailed to aware_news@yahoo.ca

AWA/AWRC Annual General Meeting

Thursday, June 12, 2003; 7pm

To be held at the CACL, 83 Kirk Street. The general public is welcome to attend. Members are encouraged to attend. By-laws will be revised and our annual Peace Cup will be presented at this time. Sr. Mary Eileen MacEachern will be the guest speaker.



11/11/11





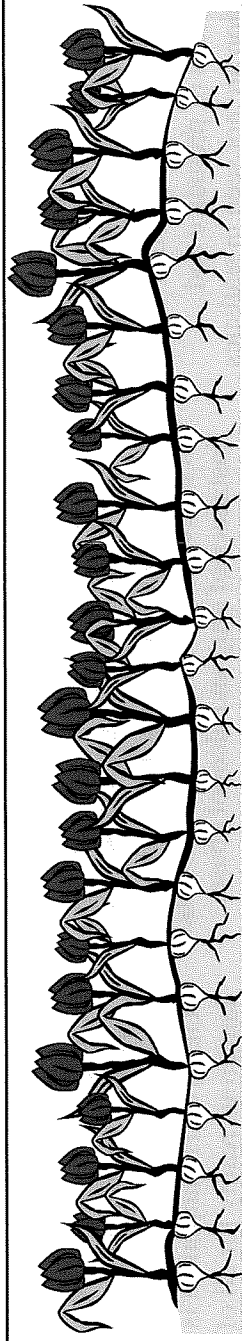
An Intimate Evening with Rita MacNeil

26 June 03- 7pm

Rita MacNeil will perform in Antigonish on the 26th of June. The concert will be held at Immaculata Hall, St. Francis Xavier University, Antigonish, Nova Scotia. Concert time is 7pm.

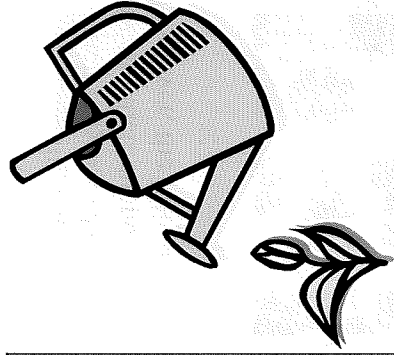
Ticket price is \$35.00 per person.

Proceeds to go to the Antigonish Women's Resource Centre. For more information, phone the Centre at (902) 863-6221.



*And then the day came
when the risk to remain
tight in a bud was more
painful than the risk
it took to blossom.*

- Anais Nin



If **YOU** would like to take part in the committees of the AWA, call the Centre at 863-6221. Some committees in need of help are:

- * Social Action
- * Fundraising
- * Newsletter

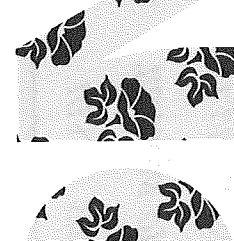
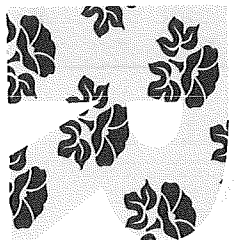
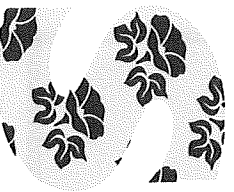
Homophobia: who's problem is this?

by
Lesley Marple

What homophobia actually represents is simple to identify, until its intricate complexity begins to emerge. It is the denial of equal rights, respect and freedoms to individuals based solely on their sexual orientation. What is often misunderstood are the implications of this phenomenon, not only for members of the lesbian, gay, bisexual, transgendered, transsexual and queer community (LGBTQ), but for our larger community. Homophobia can be seen in laws as excluding LGBTQ individuals from marriage, denying them protection under Canadian hate-law legislation and through immigration policies. It is not legislation such as this which I would suggest is directly responsible for a statistic such as the fact that 1/3 of teen suicides are LGBTQ youth. The true realities of prejudice and oppression are not seen in statistics or laws, they are seen in the day to day lived experiences and emotions of those who are targets of homophobia. The results which are more prevalent in a town such as Antigonish are unspoken, apparently unspectacular, but

nonetheless persistent instances of homophobia. As a queer woman, I am confronted daily with the reality of homophobia in Antigonish. This is a constant force which influences things that are as simple as placing my name at the bottom of this article. Each time I connect my name with another piece of writing or a project, I realize that I am further exposing myself to potential prejudice and rejection. Before holding hands with my girlfriend I must do a 360 degree check to ensure that there does not appear to be any threat. If we want to go out on a date in a safe environment we must go to Halifax. It is simple acts like these, which are largely taken for granted by those in heterosexual relationships and that I would propose work to tear people apart. For a young person in Antigonish, homophobia may include exclusion from "normal" teenage rituals such as proms and dating. Bisexual individuals may deny one aspect of their sexuality in order to avoid persecution for same-sex attractions. Homosexual youth may participate in these practices in an attempt to deny or hide their sexual orientation. Many LGBTQ youth experience extreme bullying, threats, violence and isolation throughout their educational experience. This can result in depression, high drop-out rates, high instances of drug and alcohol abuse, difficulty with family members and a tendency to leave the community. Homophobia is assumed to be a problem which only the LGBTQ community and their supporters combat. However, the influences of this

hatred and fear are not restricted to the LGBTQ community. Homophobia is largely a consequence of a broad fear of sexuality. This fear is unlikely to be confined only to homosexual activity, and has devastating influences on heterosexual relationships as well. A refusal to discuss healthy relationship models and sexuality options with young people can contribute to the risk for abuse, sexual assaults, unhealthy power dynamics, unwanted pregnancies, increased risk for STD transmission, etc. These are issues which devastate our entire community and are of particular concern to women. It is on these grounds that it becomes essential for groups promoting healthy relationships and community safety to join together, not only to combat an issue such as homophobia, but to address the systemic societal structure which supports these attitudes and behaviors. It is this societal structure which affects every citizen of Antigonish, not only those who identify as LGBTQ. Homophobia is a dangerous reality for all of us, and it is only through education and awareness that we can move towards a community environment which is safe and welcoming for all citizens.



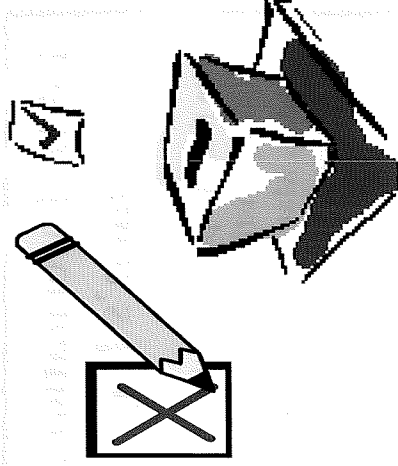
On the Road to Employment- Project Update by Heather Carson Project Coordinator

This program has been fulfilling and helpful in developing my inner self. It is validating. I will have enough skills when I have completed the program to move on to work or retrain.

—Program Participant

This session of the On the Road to Employment Project is well underway. Participants have started the second half of the program, Employment Skills Training, and are being kept extremely busy with all their assignments. As explained in previous updates, but for the benefit of those who may be hearing about the program for the first time, this 18 week re-entry project is divided into two parts: life skills training, and the aforementioned employment skills training.

The ten women currently participating in the program have had the opportunity to explore topics related to their personal values, self esteem, gender socialization, poverty and public policy and healthy living. They have worked on developing effective communication, assertiveness, and conflict resolution skills. In addition to learning how to identify and deal with stress in healthy ways, they have been introduced to a number of community organizations which may enable them to garner the support they need to deal with the individual challenges they may face.



Women Matter! Women Vote!

FemJEPP and the Provincial Advisory Committee for the Women Matter! Women Vote! Election Issues Campaign have released an important resource to put the issues of concern to women and their families on the political platform of all parties and their candidates for the MLA (Member of the Legislative Assembly.)

The Women Matter! Women Vote! information pamphlet released covers 16 key areas of concern to women and their families in Nova Scotia and include questions to pose to all political candidates.

At the press conference to launch the pamphlet, Minister Jane Purves and Maureen MacDonald both spoke in support of women taking an active role in the political process of our province. Doreen Paris, Chair of the NS Advisory Council on the Status of Women, spoke to the need for more women to also seek election to the Legislative Assembly and shared information about the work that the Council has undertaken in this area.

A copy of Women Matter! Women Vote! can be picked up at the Centre.

New By-Laws to Be Proposed at the Upcoming AGM:

June 12, 2003 marks the date for the upcoming Annual General Meeting to be held at the CACL. The meeting will begin at 7:00 pm and all AWA/AWRC members are invited and encouraged to attend.

One of the items on the agenda includes that of voting on changes to the by-laws. The changes better reflect current governance practice. If you are interested in viewing these changes before the AGM, contact the Antigonish Women's Resource Centre.

GLOBALIZATION AND ITS IMPACT ON WOMEN: A ROUNDTABLE DISCUSSION WITH ANGELA MILES AND ANA ISLA

WHEN:

Thursday, June 5, 7pm

WHERE: Tin Room,
Coady Institute

All are welcome. For more information contact the Antigonish Women's Resource Centre at 863-6221.

Spring 2003 Programs

These are some of the programs which are starting May 2003.

Stage I Therapy Group for Adult Survivors of Childhood Sexual Abuse ; Wednesday, May 14.

Searching for Self Esteem

Inspire- peer support group for adolescent girls

Divorce & Separation group-
minimum 6 participants required.
Names are still being collected.

Exploring our lives:
After school program for adolescent girls.

For more information, or to register, call the centre at 863 - 6221. Please specify whether you prefer morning or evening sessions.

The annual **Coady Picnic**, sponsored by the AWA, will be held on the 31st of July, 2003 at the home of Heather Mayhew on Terra Tony Drive.
For more information, please contact the centre.



IWD- International Women's Day

More than 40 people gathered at the Coady Institute's Tin Room on Saturday, March 8th to celebrate International Women's Day.

Colleen Cameron and Susan Eaton hosted a night of food, friendship and laughter that celebrated women and their contribution to our community.

The Celebration of Women
included poetry readings by Janette Fecteau, songs by Betsy, Ellie and Margaret Mac Donald. As well as a performance by the Antigonish masked choir...
unmasked. There was also a reading by Rita Baruss.

May Bouchard was the highlight of the evening with her reflections on the evolution of women in general, as well as women in the Acadian community.

The evening concluded with a candle lighting ceremony in which women took the opportunity to light a candle in honor of someone who influenced their life.

Thanks to Heather Carson and St. F.X. student Tricia Decker for

Income Tax Preparation:
Our program was a success this year. Volunteers generously contributed their time to prepare income tax forms for low income women and their families. This tax season the Centre helped 138 women prepare their taxes.



Our "Rejuvenate for Spring" ticket fundraiser was a big success. First prize went to CJ Pellerin who won \$50.00 worth of lobsters from Arisaig Fisheries, a 9 piece pot set from Home Hardware, and a \$40.00 gift certificate from Supervalu. Second prize went to Phyllis Baker who won 2 gift certificates for hair cuts at Cheryl's Place, 2 certificates for Therapeutic massages with Yvonne Landry, and dinner for 2 at the Maritime Inn.
In total, \$1787.70 was raised for the Centre. Thanks to all who participated!

April 30th was Volunteer Appreciation Day.
The AWRP honoured and acknowledged 30 volunteers with tulips. Certificates will be sent out soon. The Centre appreciates all the hard work of its many volunteers.

AWRC Staff

Lucille Harper, Director
 Katherine Reed, Project Work
 Amanda Workman, Crisis Support Worker & CASAC project
 Isabel Gillis, Crisis Support Worker
 Vangie Babin, Office Manager
 Christine Hanlon, Bookkeeper
 Heather Carson, Re-Entry - Project Co-ordinator
 Sherry Battiste, Re-Entry - Life Skills Facilitator
 Pamela Fry, Stepping Forward - Project Co-ordinator
 Jean Crosby, Rural Youth Project - Project Co-ordinator
 Jackie Jacques, Rural Youth Project- Office Administrator
 Krista DeCoste, Rural Youth Project - Research Assistant/ Adult Facilitator

*"When I dare to
 be powerful- to use
 my strength in
 the service of my
 vision, then it
 becomes less
 important whether
 I am afraid."*

-Audre Lorde

Board of Directors

Catherine Meery
 Charlie ten Brinke
 Donna MacDonald
 Elsa Arbuthnot
 Heather Mayhew
 Juanita Orhling
 Laura Evans
 Leslie Buckland-Nicks
 Lynn O'Donnell
 Marion MacDonald
 Mary Turay
 Nancy Forestell

happy

I was sad
 but now I'm glad
 I'm happy to be me
 so happy to be free
 with a smile upon my face
 with every bit of grace
 happy to be alive
 with my happy life I strive
 with many friends to
 make me smile
 laughing all the while
 with no more tears to cry
 because of the twinkle
 in my eye
 with my life full of love
 soaring like a dove

Social Assistance Reform in Nova Scotia: Is it Working For Women?

The Social Assistance Reform Project, funded by the Status of Women, has been completed. Following the implementation of changes made to the legislation regarding the Social Assistance Act in Nova Scotia which was implemented in August, 2001, the new Employment Support and Income Assistance (ESIA) policy's impact on Women's lives was evaluated in three areas in the North Eastern Region of Nova Scotia. The goal was to meet with women on social assistance and ultimately make a series of recommendations as to how the system could be improved.

The Antigonish Women's Resource Centre, the Every Woman's Centre in Sydney and the Pictou County Women's Centre in New Glasgow collaborated on the feminist research initiative from February to December 2002. Maria MacDougall coordinated the project for the Antigonish Women's Centre. The findings indicated that many participants were unaware of the policy changes and that the policy was not being implemented or interpreted consistently across or within the areas studied. The women participating in the project agreed that education is one of the main avenues to establishing economic independence and the lack of support to post-secondary education forces women into low-paying employment. Women also expressed considerable concern on the policy's inability to place women's caring work and early childhood development as priorities in achieving the policy's stated goal of "helping people reach a level of self-sufficiency". The project was profiled throughout the province and support for the recommendations has been substantial. A complete list of the recommendations that have been submitted to the Department of Community Services may be obtained

RURAL YOUTH EDUCATION PROJECT

The Rural Youth Education Project (RYEP) is a four year project (Feb/02 - Mar/06) sponsored by the Antigonish Women's Resource Centre and funded by the National Crime Prevention Centre of Justice Canada. The project implements a gender-based, violence prevention model which will provide youth with skills to build and maintain healthy relationships. The model and curriculum was developed by The Saltspring Women Opposed to Violence and Abuse, Community Development and Research Society (SWOVA) in British Columbia and there is ongoing consultation with SWOVA staff as the curriculum is adapted to our fit our communities needs. The RYEP is proceeding locally with the support of the Strait Regional School Board and the N.S. Department of Education. The program delivery relies on strong daily collaboration with staff of both the Antigonish East Education Centre in Antigonish County and Chedabucto Place in Guysborough County. The RYEP Advisory Committee which represents communities served by the two School Sites meets on a regular basis and provides valuable guidance and support to the process.

The overall goal of this project is to maximize the potential of youth to decrease their risk of participating in or being victimized by violence through multi-dimensional, inclusive education.

The social environment created by risk factors such as poverty, alcohol/drug use, exposure to violence in the home, lack of

tolerance of diversity, and gender stereo-typing clearly point to the need for an educational approach which relates to the attitudes, values and skills needed to build and maintain healthy relationships.

OBJECTIVES:

- To engage all students in grades 7,8,9, and 11 in the two school sites: Antigonish East Education Centre/East Antigonish Academy and Chedabucto Education Centre/Guysborough Academy, in a series of lessons designed to promote healthy and respectful relationships.
- To increase students' knowledge and understanding of key elements of intimate relationships; the role and gendered nature of power; the need for self-respect and assertiveness; equality and mutual respect; and empathy and effective communication.
- To influence students' attitudes and values by creating a positive appreciation of the benefits of self-respect and assertiveness, equality and mutual respect, and empathy and effective communication in relationships.
- To increase students' skills in establishing and maintaining healthy and respectful relationships, including such things as problem solving and conflict resolution in the context of friendships and intimate relations.
- To increase students' understanding of racial/cultural diversity specifically relating to the Mi'kmaq and African Nova Scotian community.
- To increase students' understanding of the difference between interpersonal and systemic violence and the effect it has on their lives.
- To decrease reported incidents of violent or abusive behaviour in the school setting.
- To decrease reported incidents of violent or abusive behaviour in friendships and dating relationships.
- To involve high school students in a meaningful way in program planning, guidance and delivery.

The people currently working on the RYEP include: Project Coordinator Jean Crosby

Office Administrator: Jackie Jacques

Financial Administrator: Christine Hanlon

Diversity Consultant: Sylvia Parris

Adult Facilitators:

Krista DeCoste

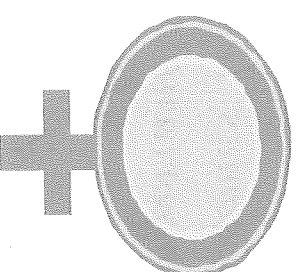
Steve Wardrope

Annika Peters

Liam Timmons

Flora Murphy

Youth Facilitators: (19)



Chedabucto: Shanna Borden,
Jessica MacDonald, Daniel Muise,
Nathaniel Hart, Christina
Connolly, Stacy Ash, Kailyn Peart,
Lyle Munroe, Danielle Pellerin,
Linda Wright.

East Antigonish:

Stephanie Gorman, Lindy DeCoste,
Matilda Tate, Linda Peters, Angela
Pelrine, Beth Jackson, Janine
Bernard, Lindsey Felix, Catherine
Myette.

Update from Chedabucto Place:

The Rural Youth Project is well underway at the Chedabucto Place/Education Centre in Guysborough. I am part of a facilitation team along with Steve Wardrope and ten senior high students. We have presented the Developing Healthy and Respectful Relationships sessions to the two grade seven and eight classes and are now midway through the presentations for the two grade nine classes. We will have delivered our sessions to 138 students by the end of the year. Steve and I present each session with the help of one to two youth facilitators. The youth facilitators seem to enjoy being in the classroom and have helped us out with facilitating in surprising and inspired ways.

There have been many laughs and challenges during our sessions. The students clearly enjoy having the opportunity to talk about their impressions and views about their experiences of being a boy or a girl when we separate them; Steve talking with the boys and me with the girls. However, it is clear the girls are often a silent minority when

in the regular classroom setting. Being a feminist in the classroom I find myself wishing I had a magic wand so I could empower the female students to voice their thoughts when in the company of their male classmates yet I am thankful for the participation by the males. So, I remind myself that in this silence many of these girls will be working on their own voice. Because we will see these students as they move up to the next grade, I believe many of them will be more aware that they have choices in how they behave and the goals they set for themselves. This project is one opportunity for these youth, students and facilitators, to express their thoughts about their school and society as we offer tools to help them navigate through the various relationships they will encounter in life.

- Krista DeCoste

Update from East Antigonish:

At East Antigonish, I co-facilitate with Annika Peters and a team of nine youth facilitators. Flora Murphy has also been very active at this school as a relief facilitator. By early June we will have delivered the RYEP curriculum to all the grade 7,8, & 9 classes for a total of 182 students.

Education is an interesting and complicated process that everyone goes through at some point in his or her life. Most of our education comes to us through school. As we struggled through long classes, copious amounts of notes and brutal examinations, it was very easy to "zone out" and remember facts, not concepts. Recently I have had the

opportunity to change some of this structure with the Rural Youth Education Project at Antigonish East high school. These lessons, taught through the PDR program, focus on creating and maintaining healthy relationships. Much of the curriculum that involves issues such as bullying, dating violence and self-esteem is facilitated through an impressive system of group work, fun projects and visual aids all created for students to in a non-formal, discussion based learning environment.

Thus far I have struggled through the initial quandaries of learning names and learning what is "cool" for students in junior high. I enjoy my work and learning about the delicate nature of early teenage popular culture. This position has allowed me to work with a diverse student population, allowing me to facilitate classes with African Nova Scotian, Mi'kmaq and white children, which is proving to be one of the most positive experiences of my life. I enjoy the challenge of the classroom and gain more respect for teachers each day and although I am not a teacher, but a "facilitator" I have come to love my role in school as the "PDR guy".

- Liam Timmons

Further information about the Rural Youth Project can be obtained by contacting:

Jean Crosby, Project Co-ordinator
Suite 206A
219 Main Street
Antigonish, N.S.
B2G 2C1
e-mail:
ruralyouthawrc@ns.sympatico.ca

902-863-3624 telephone

LINKS Project: Violence Against Women and the Justice System

By Amanda Workman

The LINKS research project sponsored by the Canadian Association of Sexual Assault Centers (CASAC) and funded by the Department of Justice Canada, has been a part of the ongoing work of the Antigonish Women's Resource Centre (AWRC) since April 2000. The project was designed to generate a better understanding of how policies, protocols and procedures within the legal system affected conviction rates in cases of male violence against women, and determine how is this related to women's inequality. The AWRC became involved in the project in year three of the five year plan and has benefited from the opportunity to participate in the research.

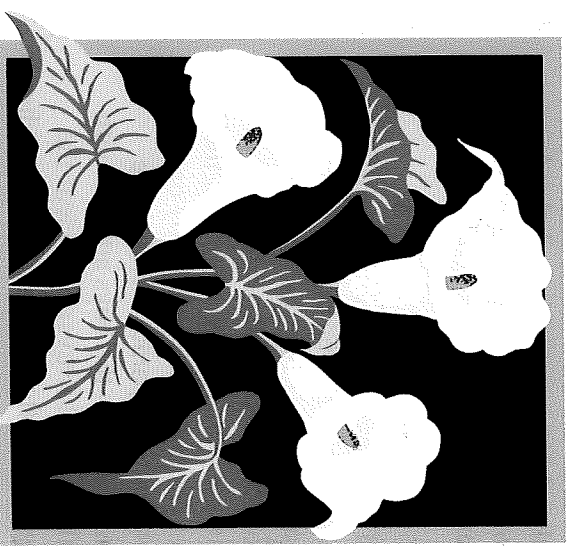
This project has been unique because it involved ten researchers across Canada working together to collect interviews with women, and to gather documents about how the criminal justice system works. For example, this means that the researcher here in Antigonish talked regularly with researchers from as far away as Vancouver, to figure out what questions to ask women about their experiences and decide how that information would be put together in an understandable way. The result has been that not only are

researchers developing a clear picture of how the legal system responds to women as a result of male violence, but connections between diverse women's organizations were made. The distance between these women's organizations meant that they had to become technologically current to communicate effectively on a national level. These connections also meant that women working on the project were more informed not only about the legal system, but about how government systems as a whole operate, therefore making them better advocates for women in their community on a variety of issues.

One of the other unique things about the project is that the researchers involved were not conventional researchers, but were crisis support workers in women's shelters or women's centres. It was reasoned that women would be more comfortable talking to a crisis support worker they may already know about their experiences with the justice system, than they would be with a more formally trained researcher. While this may have made the job of finding women willing to share their experiences with researchers easier, it also meant challenges for researchers, as they had to quickly learn how to conduct interviews, record information and put it together.

The final report, to be written by Project Manager Lee

Lakeman, with assistance from Project Co-ordinator Nicole Robillard, is to be submitted to the federal Department of Justice in May 2003. The report will be available through the Department of Justice following its review by the department. It will include details about how the research was done, what the findings were regarding the effectiveness of policies designed to address violence against women and what the researchers recommend as possible changes to policy. While all researchers are looking forward to seeing the recommendations to the Department of Justice put in print, the rewards for our participation have gone far beyond the initial research plan. The Antigonish Women's Resource Centre involvement with a national federally funded research project highlights our community profile as a town in which social movements are part of our history.



The Dr. Hook Reunion Tour 2003

(with special guest
stars: Timber and
Barnacle)

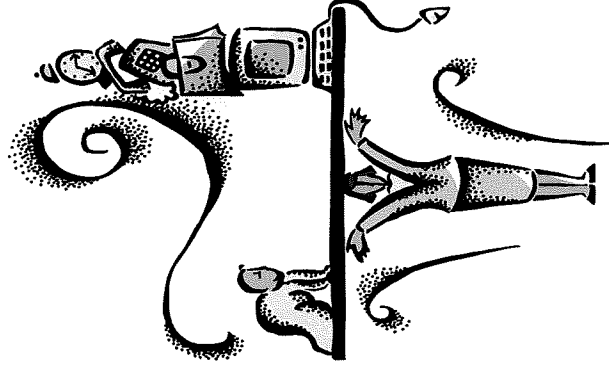
Thursday, June 26th
8:00 pm

Millennium Centre

Tickets available at:
St.F.X. Millennium
Centre & Piper's
Pub

Charge by phone toll
free: 1-866-999-
8687

Tickets at the door
\$19.95 plus tax
Advance tickets
\$16.95 plus tax.



It's Time to Renew Your Membership!

The Membership Committee wishes to thank *all* of you for your past support. This year, a membership in the AWA has expanded to include membership in the Antigonish Women's Resource Centre (AWRC) as well.

As much as ever (perhaps more), we need strong membership, and support for the many programs being run through our association. Please renew or begin your membership today, using the membership form for 2003 that is included with the spring newsletter.

This year, we would also like to encourage each member to let a friend or family member know about the AWA/AWRC and give them the opportunity to become new members. If we could each find one new member, our membership would double!

As always, we welcome 'friend-ships' to the AWA, and warmly invite men to show their support for the AWA and its goals.

Membership forms are available for the year April 1, 2003 to March 31, 2004. Forms can also be obtained from the Centre.

Spring Hoot 'n' Holler Fundraiser (or More Fun Than a Barrel of Monkeys)

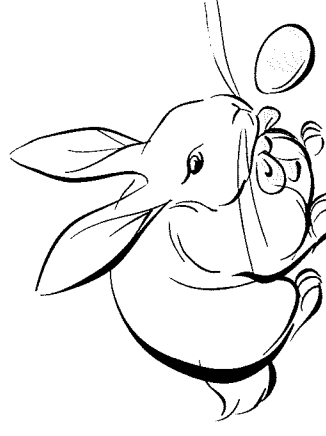
by *Heather Mayhew*

Those souls curious enough to attend the Hoot 'n' Holler at Immaculata Hall on Sunday, April 6 were in for a real treat. No one was actually required to hoot or holler, but the audience shared side-splitting laughs and spellbound silences as they were entertained by the talented actors and musicians.

Monty Python skits, an original one-act play by Peter Goldie and a comedy with a myriad of crazy characters lightened everyone's spirits. Musicians Tom Curry, Melissa Perry, Betsy, Ellie and Margaret MacDonald entranced their audience with classic and original numbers.

Special thanks must go to all of these wonderful young people who volunteered their time, energy and talent to this thoroughly enjoyable event: Maureen Armour, Geordie Hemlow, Keegan How, Peter Goldie, Betsy, Ellie and Margaret MacDonald, Tom Curry, Melissa Perry, Lindsay Wall, Ginny Pottie, Dave MacLellan, Michael MacEachern, Ben Gerroir, James Brenton and Nicole Miles. The AWRC is also very grateful to Nelda Armour for organizing and providing this venue for such a special showcase.

The proceeds from the Hoot 'n' Holler were presented to Pamela Fry of the AWRC to help support the youth programs provided by the Antigonish Women's Resource Centre.



**ANTIGONISH WOMEN'S ASSOCIATION/
ANTIGONISH WOMEN'S RESOURCE CENTRE
DUAL MEMBERSHIP FORM**

I wish to become a member of the Antigonish Women's Association (AWA) and the Antigonish Women's Resource Centre (AWRC)

Name: _____

Mailing Address: _____

Telephone: Home _____

Business _____

E-mail: _____

Membership Fees:

Regular \$15 -- Senior or Student \$7 -- Sliding Scale \$ _____
(pay what you can)

Membership from April 01, 200_ to March 31 200_ paid. Date: _____

I want to receive AWARE, the Antigonish Women's Association Newsletter

⇒ by mail

⇒ by e-mail

I want to be informed about upcoming events being organized by the AWA or AWRC

⇒ by telephone at this number _____

⇒ by e-mail at the address above

I enclose an additional donation of \$ _____ to support the work of the
Antigonish Women's Resource Centre. A tax receipt will be provided for AWRC
donations. ("Membership" fees are not tax deductible).

Membership forms and donations may be sent to:
Antigonish Women's Resource Centre
204B Kirk Place, 219 Main Street, Antigonish, NS, B2G 2C1
Phone: 863-6221

**ANTIGONISH WOMEN'S ASSOCIATION/
ANTIGONISH WOMEN'S RESOURCE CENTRE
DUAL FRIENDSHIP FORM**

I wish to become a "Friend" of the Antigonish Women's Association (AWA) and the Antigonish Women's Resource Centre (AWRC)

Name: _____

Mailing Address: _____

Telephone: Home _____

Business _____

E-mail: _____

Fees:

Regular \$15 -- Senior or Student \$7 -- Sliding Scale \$ _____
(pay what you can)

Registered from April 01, 200_ to March 31 200_ paid. Date: _____

I want to receive AWARE, the Antigonish Women's Association Newsletter

⇒ by mail

⇒ by e-mail

I want to be informed about upcoming mixed gender events being organized by the
AWA or AWRC

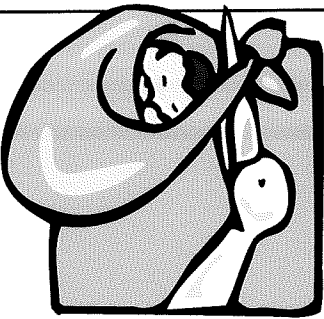
⇒ by telephone at this number _____

⇒ by e-mail at the address above

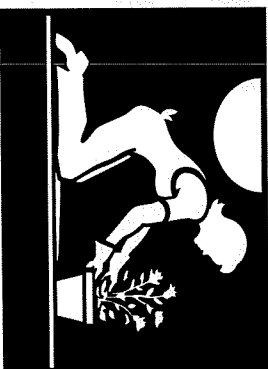
I enclose an additional donation of \$ _____ to support the work of the
Antigonish Women's Resource Centre. A tax receipt will be provided for AWRC
donations. ("Friendship" fees are not tax deductible).

Membership forms and donations may be sent to:

**Antigonish Women's Resource Centre
204B Kirk Place, 219 Main Street, Antigonish, NS, B2G 2C1
Phone: 863-6221**

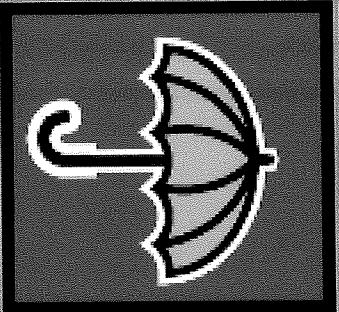
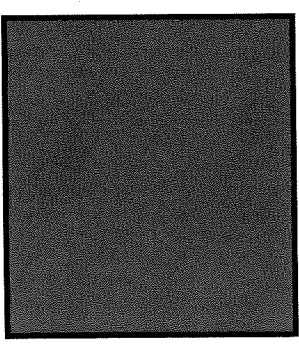


Congratulations are extended to board member Charlie ten Brinke and partner Rommy on the birth of their son, Jaime Lee, on the 9th of March, 2003! Best wishes are extended from board & staff!



Antigonish Garden Tour
Sunday, the 6th of July, 2003
Visit 5 local gardens from 12-4pm with refreshments served at the gazebo of Peter & Carol Ann MacKenzie.
"Touch the Earth"
Tickets: \$10.00

Antigonish Women's Association
 Suite 204, Kirk Place
 219 Main Street
 Antigonish NS
 B2G 2C1



ALWARe -
Spring 2003