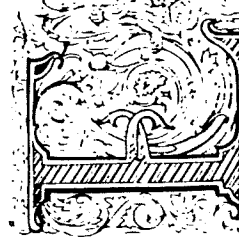
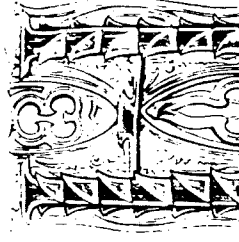
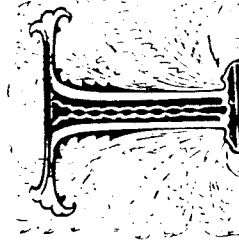
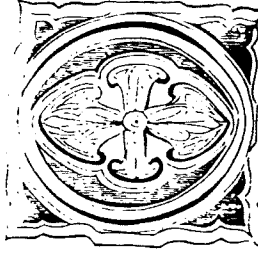
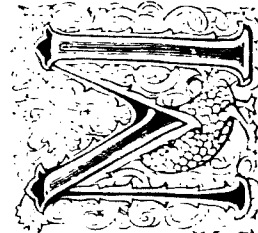


AWARE



Newsletter published by Antigonish Women's Association
Volume 2 Number 4 Resource Centre 863-6221-2 May, 1985



"How can a man know
what a woman's life is?
The man spends a night
by the woman and goes
away. His life and body
are always the same.
The woman conceives.
As a mother she is
another person from the
woman without child.
She channels the fruit
of the night nine months
long in her body.
Something grows into her
life that never again
departs from it. She is
a mother. She is and
remains a mother even
though her child die,
though all her children
die. For at one time she
carried the child under
her heart, and it does not
go out of her heart ever
again.

Not even when it is dead. All this a man does not know; He knows nothing. He does not know the difference before love and after love, before motherhood and after motherhood. He can know nothing. Only a woman can know motherhood and speak of that. That is why we won't be told what to do by our husbands."

An Ethiopian Woman quoted by Jung & Kerenyi from
the Woman's Encyclopedia of Myths and Secrets.

ANNUAL GENERAL MEETING

Everyone is encouraged to attend the A.W.A.'s Annual General Meeting which is being held at the Extension Dept. Building (white building across from the tourist bureau) on May 24, at 6p.m..

This is a VERY IMPORTANT MEETING and we hope you will make an extra attempt to attend. This meeting is being held in conjunction with Rural Woman Together Conference being held at Saint F.X. during the weekend. Anyone attending the Conference is urged to PRE-REGISTER.

After a short business meeting there will be time for general discussion on the direction of the Association and the election of a new Board of Directors.

Following the A.G.M. all are urged to attend Muriel Duckworths' key note address "Women Working Together". Ending the evening with a social and cash bar..

INSIDE THIS ISSUE :

MOTHER

ANNUAL GENERAL
MEETING

WHEN CONFERENCE

VOLUNTEERS -Naomi

RURAL WOMEN
TOGETHER

N.A.C. A.G.M.

NAC LOBBY: During the federal election NAC led women's groups across the country in putting women's issues on the political agenda. Let's make sure we follow through with the annual NAC LOBBY of the three political parties on Parliament Hill. This has always been a highlight of the AGM, and as always it is important to have as many people there as we can. **PLAN TO ATTEND THE NAC LOBBY ON THE MORNING OF MAY 13TH.** Groups should plan to lobby their MPs while in Ottawa.

N.A.C. ANNUAL GENERAL MEETING

Lucille Sanderson and Pat Alpert will be going to the National Action Committee on the Status of Women AGM in Ottawa--May 10-13th. High points of the meeting are the Women's Economic Summit, regional and issue-centered caucuses and lobbying of the caucuses of the three parties on Monday morning. Lucille and Pat will report back on the NAC AGM in the next newsletter.



WOMEN AND EQUALITY: WILL THE CHARTER MAKE A DIFFERENCE
A pamphlet free from Public Legal Education Society of Nova Scotia, 1127 Barrington Street, Halifax, N.S. B3H 2P8 (902) 423-7154.

NAC has joined with churchgroups, native groups, black groups and labour in forming an Atlantic Coalition for Fair Unemployment Insurance. The proposed changes:

- (1) lengthening eligibility period to 14 or 20 weeks.
- (2) taking pension/severance pay into account & the possibility of using family income to decide if a person receives UI benefits (means-tested welfare scheme?)
- (3) maternity benefits to come out of General Revenue, rather than employer's contributing to an employee's benefits.

(Will this lead to means-testing here too?)

--Kit Holmwood (902) 455-8170--

THE CANADIAN WOMEN'S ECONOMIC SUMMIT

WHY A WOMEN'S ECONOMIC SUMMIT? Because we are the only people who can hold an economic summit which adequately addresses women's issues. Many of us suspect that when the state talks of cutbacks, our hard-won and still inadequate services and rights will be eroded. We must strategize to hold on to what we have ... but also to advance.

By focusing on current economic issues facing Canadian women, NAC is playing its traditional role of highlighting in a public forum those subjects central to all women in our country. We welcome the participation of women from all over the country!!!

FRIENDS OF NAC

Join in the campaign to promote solidarity among Canadian women to advance women's rights.

NAC gives a united voice to a national network of women determined to be a stronger force in society. NAC seeks justice for women by articulating our concerns & pressing for initiatives & policies to achieve equal rights & status for all Canadian women.

JOIN US - Become a FRIEND OF NAC (an individual, non-voting member of NAC), get the news you need to be informed about women's issues across Canada (Subscribe to STATUS OF WOMEN NEWS & MEMO). **JOIN NAC!**

There are several ways you can participate in NAC:

1. Become a **FRIEND OF NAC** \$35.00/year (minimum) Subs to STATUS & MEMO included.
2. Subscribe to STATUS & MEMO \$19.95 (8 issues)
3. Give to NAC TRUST (Donations tax deductible & related to educational activities)
4. Give to NAC (Any amount welcome.)

Whatever option you select NAC welcomes & appreciates your support!

☐ New/renew ☐ Renewal/pour se réabonner
STATUS/STATUT & MEMO: \$ _____ MEMO: \$ _____
STATUS/STATUT: \$ _____ MEMO: \$ _____
FRIENDS OF NAC/LES AMIES DU CCA: \$ _____
Donation/Contribution \$ _____
Total \$ _____
☐ send me one free copy--no obligation
☐ envoyez-moi un numéro gratuit--sans engagement

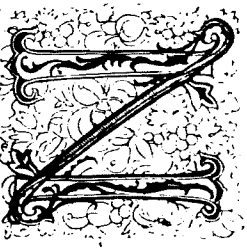
Name/Nom _____

Address/Adresse _____

City/Ville _____

Province _____ Code _____

National Action Committee on the Status of Women
Le Comité canadien d'action sur le statut de la femme
40 St. Clair Avenue East, Toronto, Ontario, M4T 1A9



Women and Empowerment

The "Despair and Empowerment" session on Sunday was a warm human encounter among strangers. With the use of guided meditations and large and small group sharing, the participants were led through the process of acknowledging their despairs and those of others and exchanging methods of coping.

Although global concerns were acknowledged by almost everyone, it was the more personal despairs that were expressed, such as horror at prejudice against a black friend in a small N.S. town, fear for a daughter's safety in Nicaragua, the pain of a marriage separation, just to name a few. It was a wonder that with only one and a half hours to work with that the tearful, vulnerable intensity of the first fifteen minutes sharing session, could be processed productively. But in that way, the workshop was successful, however abbreviated an experience it was, because there was a powerful spirit of support that sprang up almost instantaneously within the group.

Witnessing that potential for compassionate human bonding gave a certain strength and warmth to all of us to go away with.



WHEN CONFERENCE

Approximately twenty women from Antigonish were among the 350 women attending the WHEN Conference held in Truro on April 19-21 weekend.

Besides having a choice of over twenty workshops to choose from, we were also entertained royally. Joella Foulds sang Saturday night followed by Four The Moment, a four woman group from Halifax. Four The Moment is like the Nylons, they use no instruments except their voices. However, unlike the Nylons their songs are significant.

Delvina Bernard rearranges spirituals, protest songs, and womans' songs.

They have set two poems by Halifax poet, George Clark, to music. "Lydia Jackson", is Clarks' poem about a freed slave from the U.S.A. who is cheated, raped & beaten in Halifax & at last moves to real freedom with the Maroons who sail to Sierra Leone. It was one of the most moving and powerful songs I've ever heard. Four The Moment has no record out as yet. If you have any chance to hear them, do. They are wonderful!

On Sunday we saw Side Effects, the play about the international drug industry. This drama was moving and informative. Women were alternately laughing and weeping like fountains.

The WHEN annual general meeting and discussions of future directions were fruitful. The day care people did a great job with our children. The workshops were spotty--the time was so short and the numbers of participants too large to deal with the topics.

Allin all the conference was a tremendously exciting and full event. Thanks to the WHEN board for the incredible amounts of work that went into organizing the conference for all of us!!

WHAT'S WRONG WITH PORNOGRAPHY?????

You are invited to attend a workshop that explores the effects of today's pornographic messages on us all.

Tuesday May 7 Thursday May 9
6:30-10PM 6:30-10PM

At the Trinity United Church on
Temperance St. in New Glasgow

CHILDCARE PROVIDED

Dr. Susan Clark from the Fraser Commission on Prostitution and Pornography, Deborah Chansonneuve of the Naomi Society, Francene Cosman, president of the N.S. Status of Women and Pamela Corbett of CRIAW will speak. Not a Love Story and Man Alive's documentary on porn will be shown.

For full information call the Resource Centre (863-6222) or the Pictou Women's Centre (755-4647).

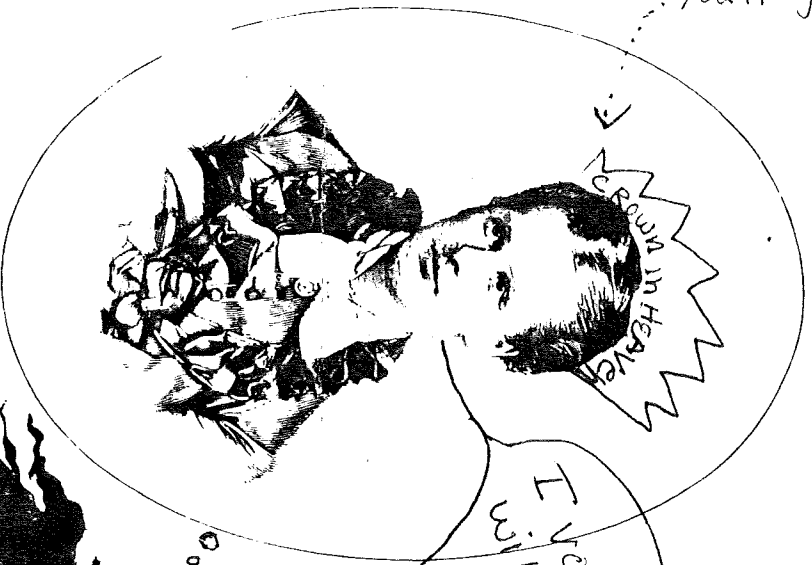


Renew your Antigonish Women's Association membership!! Phone in, mail it in (315 Main Street, Antigonish, B2G 1C1), or renew at the annual General Meeting on May 24th----BUT RENEW!!!! 12 dollars per year.

The Resource Centre needs volunteers until the grant money from Secretary of State arrives. We expect to get the cold hard cash by the 15th of May--but until it comes in---pitch in to keep the centre open.

The ANNOTATED GUIDE TO WOMEN'S PERIODICALS lists over 250 publications in the U.S., Canada, Mexico, Central and South America. Each publication is briefly reviewed by category and indexed by title and geographically. The ANNOTATED GUIDE is a 130 page, perfect bound booklet. Subscriptions are \$12/ind. (2 issues), \$20/inst. & libr., \$6.50/ind. (single copy), \$10/inst. Please make checks payable to the Annotated Guide. U.S. funds preferred. Order from: Annotated Guide, Bx. E-94, Earlham College, Richmond, IN 47374

you'll get yours!



Tanya McClelland - Volunteer of the Month of ... MAY.....

AWA WOMEN'S RESOURCE CENTER
NEED VOLUNTEERS!!!

WE HOPE TO RECEIVE THE SECRETARY OF STATE GRANT MONEY BY MAY 15. UNTIL WE GET THE CASH, THE CENTER MUST BE STAFFED BY VOLUNTEERS. PLEASE HELP!

CALL : 863-6222 :



Economic Issues '85

NAC's presentation at the Economic Summit will be made by Chaviva Hosek on March 22, 1985. Many of the concerns of the Employment Committee are affected by the economic approach of the government. Controlling the deficit by cutting social services and direct job creation can only hurt women. Creating jobs by militarizing the economy will produce the inflation that is supposedly being fought because of the wasteful nature of this type of stimulation and its fundamental risk to peace. The government's Economic Summit will not be the last word on these issues. NAC's Annual Meeting will address economic issues and strategies and will be a Women's Economic Summit. The following committee employment issues will be specifically addressed: equal pay, affirmative action, labour standards, union strategies, jobs.

The NAOMI Society is a referral and support service for women who have been physically and/or emotionally abused. We have a help line which is staffed from ten to four p.m. daily, and a safe house to provide short-term, emergency housing for abused women and their children.

We offer women emotional support, practical help, access to information, and often just quiet, non-judgemental listening for women who need someone to talk to in complete confidentiality.

Our volunteers are women who are committed to eliminating violence against women. They are women who bring a spirit of caring co-operation and intelligent concern to their relations with women who have been victims of violence. They are a vital part of the team that works together, helping women to move from victimization to empowerment.

If you share this commitment and are able to contribute some of your time on a regular basis, please call the NAOMI Society at 863-3807 for further information.

The Naomi Society for Battered Women Needs Volunteers



RURAL WOMEN TOGETHER

MAY 24~26

A RESIDENTIAL WEEK-END CONFERENCE ST. FRANCIS XAVIER UNIVERSITY

THERE ARE MANY REASONS FOR US TO GET TOGETHER! WE ARE ALL "EXPERTS" ON OUR STRENGTHS AND OUR NEEDS, THE GOOD ASPECTS OF LIVING IN A RURAL PART OF THE COUNTRY, THE FRUSTRATIONS - BUT HOW DO WE FEEL AS A GROUP? WHAT HOPES DO WE HAVE IN COMMON? WHAT RESOURCES DO WE HAVE TO SHARE IN DEALING WITH THE UNIQUE EXPERIENCE OF LIVING IN A RURAL SETTING? THE CONFERENCE WILL PROVIDE A SUPPORTIVE, EXCITING ENVIRONMENT FOR US TO TALK ABOUT THESE THINGS. IT IS ALSO A "TIME FOR OURSELVES", A TIME TO SOCIALIZE.

WHEN

FRIDAY, MAY 24 - SUNDAY, MAY 26, 1985

WHERE

ST. FRANCIS XAVIER UNIVERSITY, ANTIGONISH

FEE

\$20.00 (includes accommodations and meals)
Travel subsidy available, if needed (limited funds available)

DAYCARE

Details available on attached sheet

TO REGISTER For further information, call the organizer in your area:

Marilyn Tellum	ANTIGONISH	867-2208
Susan Franchville	GUYSBOROUGH	533-3608
Josephine Fitzgerald	GUYSBOROUGH	533-3480
Anna Connolly	GUYSBOROUGH INTERVALE	733-2931
Heather Gillis	BOYLSTON	533-3447
Lillian Sangster	LARRY'S RIVER	387-2050
Isabel Archibald	SHERBROOKE	833-2518
Doreen Paris	NEW GLASGOW	755-4550
Arlene MacGregor	PICTOU COUNTY	923-2410
Cecile Miller	NORTHEAST MARGAREE	248-2305
Bernadette Murphy	NORTHEAST MARGAREE	248-2306
Hughena McDaniel	PORT HOOD	787-3312
Mary Anita Gerroir	RICHMOND COUNTY	535-3013
Jane Lewis	CAPE BRETON COUNTY	539-5500
Sr. Clotilda MacIntyre	VICTORIA COUNTY	285-2039/2196
Joanne Hatcher	INVERNESS	258-2894
Mrs. Alex Doyle	MABOU	945-2624
Nora Simm	CANSO	366-2090
Mary Morrow	CANSO	366-2603
Katherine Ann Fuller	BADDECK	295-3104

ADVANCE REGISTRATION NECESSARY
DEADLINE - MAY 17

PLEASE! IF YOU ARE INTERESTED IN ATTENDING THIS CONFERENCE, REGISTER AS SOON AS POSSIBLE. THE ORGANIZATION OF ROOMS, MEALS, DAYCARE, ETC., DEPENDS ON ADVANCE NOTICE. IN ORDER FOR THIS CONFERENCE TO TAKE PLACE WE REQUIRE A MINIMUM REGISTRATION OF 100 PERSONS BY MAY 17.

SCHEDULE ON REVERSE

RURAL WOMEN TOGETHER is sponsored by the Rural Women's Education Project, with assistance from the St. F.X. Extension Department.

SCHEDULE

FRIDAY, MAY 24

5:00 - 7:30 p.m. Registration (Foyer, Nicholson Hall)
7:30 Welcome! (Angela Miles, Conference Chairperson)

Keynote Speaker: Muriel Duckworth, Women Working Together
Muriel Duckworth has devoted her life helping women to help each other. Be prepared to be challenged!

Social hour/cash bar

SATURDAY, MAY 25

7:30 - 9:00 a.m. Breakfast

Questions for the Day (Muriel Duckworth)

Meeting Each Other: Establishing Expectations
You will be assigned to a small group made up of women from different counties.

10:30 - 10:45 Break

10:45 - 12:15 p.m. Sharing Common Concerns (same small groups)
Availability of standard services; unemployment/work opportunities; educational/training opportunities; transportation; day-care - there are many concerns, what are yours? There will probably be as many concerns as there are people coming to the conference: bring your opinion and experience.

12:30 - 1:45 Lunch

1:45 - 4:15 Looking For Solutions (small group discussions around specific issues identified in the morning sessions)

4:15 - 5:00 Sharing Solutions
Hearing from each group (general meeting)

5:00 - 7:00 Dinner (Have a swim before dinner - the University swimming pool is open to Conference participants. Bring a swimming cap.)

7:30 Resources & Resourcefulness - A panel presentation on practical action for rural women and rural women's groups. Panelists include: Janet Campbell (Women's Health Education Network), Norma Mosher (Nova Scotia Women's Institute), Kathy Mugeridge (Women's Program, Secretary of State, N.S. Regional Office).

Question/answer session followed by social hour.

SUNDAY, MAY 26

8:30 - 10:00 a.m. Breakfast

10:00 - 12:00 noon Facing the Future Together (Muriel Duckworth),
Followed by readings and music. Something practical and something to celebrate.

REGISTRATION FORM

RETURN TO: Conference for Rural Women, c/o Extension Department,
St. F.X. University, Antigonish, N.S. B2G 1C0

NAME _____ PHONE _____

ADDRESS _____

CAMPUS ACCOMMODATION NEEDED _____

DAYCARE NEEDED _____; # of children _____; ages _____
Enclosed is a cheque payable to St. F.X. University
(\$20 per participant)

REGISTRATION DEADLINE: May 17, 1985

RURAL WOMEN TOGETHER

BRINGING YOUR CHILDREN ALONG

SOME POINTS TO CONSIDER:

1. ALL ROOMS ARE SINGLE. IF YOUR CHILD IS NOT SHARING YOUR BED; THEN YOU MUST BRING SOMETHING IN WHICH HE/SHE CAN SLEEP (CAR-BED, PLAYPEN, SLEEPING BAG, ETC).
2. THE RESIDENCES DO NOT HAVE STOVES OR FRIDGES. IF IT IS NECESSARY FOR YOU TO EITHER HEAT FOOD OR KEEP IT COOL, YOU SHOULD BRING A HOT PLATE OR COOLER.
3. DAY CARE SERVICES WILL BE PROVIDED IN THE RESIDENCE. IF YOUR CHILD HAS A FAVOURITE TOY, GAME, BOOK, ETC., PLEASE BRING IT ALONG.

