Come Join the HRY Team!

Healthy Relationships for Youth

A school based violence prevention program of the Antigonish Women's Resource Centre

www.antigonishwomenscentre.com

Join the H.R.Y Team!

Be a part of the solution ….

Healthy Relationships for Youth is a school based violence prevention curriculum taught to Grade 9 students as part of their regular PDR class time.

The HRY Team is made up of PDR teachers from your school, professionals from the community, **and you**.

Together we bridge communication barriers, open up the silence around diversity issues, and teach Grade 9 students life skills that will allow them to pursue healthy relationships and solve conflicts peacefully and productively.

Join the HRY team! To find out more, contact the HRY team in your school or the HRY Program Coordinator:

ruralyouthawrc@ns.sympatico.ca

The HRY Program highlights the involvement of peer educators in the classroom and within their schools and communities.

The Youth Facilitators in each participating school are recruited from Grades 10 - 12 and trained in leadership and facilitation skills.

There are more than sixty Youth Facilitators in the Strait Regional School District participating in the program this year.

"Having youth facilitators improves the way you look at different things, they come from the same place."
- student

"I found it easier to talk to girls like myself." - student

"I've learned that students can be teachers when they're 16 or 17".
- student

HRY Program Objectives:

* To engage Grade 9 students in ten school sites within the Strait Regional School Board, in a series of classroom sessions designed to promote healthy and respectful relationships.

* To assist youth in developing the attitudes, values and skills they need to build and maintain healthy relationships.

* To increase students' understanding of racial/cultural diversity specifically relating to the Mi'kmaq and African Nova Scotian community.

* To increase students' awareness of issues related to violence prevention and social inequities from a gender based perspective.

* To foster youth development which includes: peer support, youth empowerment, youth-adult partnerships, meaningful contribution and experiential learning.

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for Youth

"The goal of HRY is to reduce the risk of violence for youth through developing skills and knowledge related to developing and maintaining healthy relationships."

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