

Unity in Diversity

The Antigonish Guyborough Immigrant Support Program
Antigonish Women's Resource Centre
& Sexual Assault Services Association
219 Main Street, Suite 203, Antigonish
NS B9G 1A1
902-318-3985

2019-2020

SELF-CARE SAMPLER

Generation Equality: CELEBRATE THE SHEROES OF THE WORLD

The Times
Wednesday, April 27, 2019

I Ask, the theme for Sexual Assault Awareness Month

Proclamation
signing event
April 9
at library

RICHARD MACKEON
@richardmackeon
Antigonish, NS

On April 9, 2019, the Antigonish Public Library, supported by a proclamation signing and a presentation of the importance of April being designated Sexual Assault Awareness Month.

The signing event was held in the library's community room and was attended by Heather Blackburn, Sexual Assault Services Association (SASA) coordinator from the Antigonish Women's Resource Centre and Sexual Assault Services Association (SASA) and Antigonish Women's Resource Centre.

Both women, who represent the importance of Sexual Assault Awareness Month, spoke about the importance of the month and the need for continued support and resources for survivors.

The SAAS coordinator, Heather Blackburn, spoke about the importance of the month and the need for continued support and resources for survivors.

Blackburn said a goal of the month is to raise awareness of sexual assault and to encourage people to speak up if they witness or experience sexual assault.

She said the month is a time to reflect on the progress that has been made and to look forward to the future.

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Waves of Change

AWRC-SASA receives funding for initiative focused on

COBBY LEBLANC
@cobbyleblanc
Antigonish, NS

The Antigonish Women's Resource Centre (AWRC) and Sexual Assault Services Association (SASA) have received funding for a new initiative focused on sexualized violence.

The initiative, titled "Waves of Change," is a public community event that will focus on the experiences of survivors of sexualized violence.

The event will be held on Sunday, March 8, from 2:30 to 4:30 p.m. at the Antigonish Women's Resource Centre.

The event will feature a variety of activities, including a presentation by a survivor, a panel discussion, and a Q&A session.

The event is free and open to all. For more information, contact the Antigonish Women's Resource Centre at 902-318-3985.

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International Women's Day

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HERstory

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SELF-CARE FOR THE SEASON

Come for discussion in a supportive environment about the challenges & stresses the coming season brings

Don: 9th & Dec: 16th, 2019 9:30-11:00AM

Antigonish Women's Resource Centre

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PUPPY THERAPY INFORMATION SESSIONS

STARTING
WEDNESDAY JULY 10TH
FROM 10:30-12:00

AT THE ANTIGONISH WOMEN'S RESOURCE CENTRE

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TAKE BACK THE NIGHT SEPTEMBER 26 2019

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'Stories of courage and resilience'

International Women's Week events in Antigonish to celebrate 2020 theme

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Anonymous messages being collected

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- STAFF:**
- Wynne Sander
 - Vangie Babin
 - Gisele Carpenter
 - Mica Francis
 - Jackie Jacques
 - Christine Hanlon
 - Nancy Gray
 - Pam Rubin
 - Heather Blackburn
 - Felicia Felix MacDonald
 - Kendra MacEachern
 - Marcia Connolly
 - Awen Sweet
 - Morag MacGillivray
 - Sheila Booth
 - Olivia Landry
 - Jubanti Toppe
 - Johann May Black
 - Sperreag Hendra
 - Karla Stevens
 - Danielle Martell
 - Michelle Newell
 - Tara Reddick
 - Tonya Pelley
 - Peggy Chisholm
 - Rachelle MacLaughlin
 - Toime Belyea
 - Parker Poole
- Executive Director**
Women's Services Coordinator
Women's Support Worker
Book keeper & Admin support
Financial Administrator
Specialized Trauma Therapist
SANE Coordinator
SANE Staff & Response Site Coordinator
SANE Program Coordinator
Outreach Worker
Healthy Relationships
Healthy Relationships
Healthy Relationships
Newcomers Support Worker
Bystander Intervention Assistant
Circles - NBCC Community Facilitator
Circles - Canada Community Facilitator
African Nova Scotian Community Facilitator
Income Tax & Stats
Medical Receptionist
Summer Student / Medical Receptionist
Summer Student

END POVERTY

INTERNATIONAL DAY for the ERADICATION of POVERTY
17 OCTOBER

Antigonish Poverty Reduction Coalition

The event will feature a variety of activities, including a presentation by a survivor, a panel discussion, and a Q&A session.

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Sexual Assault Services Association
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2019-2020

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Generation Equality:
CELEBRATE THE SHEROES OF THE WORLD

I Ask, the theme for Sexual Assault Awareness Month
Proclamation signing event
April 9 at library

RICHARD BLACKBURN

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~Enjoy a cup of tea~
~Try new self-care activities~
~Drop-in group~
Fridays 10AM-11AM
Oct 4th - Dec 13th 2019

WAVES OF FEMINIST RESISTANCE
Sunday March 8 IWD
Monday March 9
Tuesday March 10
Pop Up Period Party 4:30 to 6:00 pm
Library, Saint Andrews
Join us for a day of feminist resistance

Spark the Change

'Stories of courage and resilience'
International Women's Week events in Antigonish to celebrate 2020 theme

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INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY
17 OCTOBER

Change made

Global Pandemic Covid-19 hits Nova Scotia and Premier
tells people to 'stay the hell at home' women's centre staff forced to work from home March 2020

Sexual Assault Awareness Month
March 3 to 14, 2020

AWRC-SASA Sexual Assault Services Association

CANADIAN CITIZENSHIP

Thursday, from 6:30 pm to 8:30 pm

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ANTONISH FORTY REDUCTION COALITION

LUNCH AND LEARN ON

AWRC-SASA BOARD OF DIRECTORS: 2019-2020

BOARD:
Nana Chowdhury
Jean Crosby, co-chair
Nancy Forestell
Olivia Haxler
Christine Johnson
Maighan MacIntyre
Laura Pickering
Melaney White

Thea Clarke
Petra Cross
Faye Fraser
Christina Holmes
Meghan MacGillivray-Case, co-chair
Cianna MacKeigan
Hina Sheikhzadi



Unity in Diversity Week
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SEPTEMBER 26 2019

WAVES OF FEMINIST RESISTANCE

Sunday March 8 IWD	Monday March 9	Tuesday March 10
WFD Breakfast 10:00 to 11:30 am Antigonish Legion \$25 suggested, \$15 unwaged/lowpaid, \$5 under 12 yrs	WFD Free Coffee for Women throughout the day Participating businesses	Pop Up Feminist Party 6:30 to 8:00 pm Library, Saint Andrew's Junior School

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THIS CAMPAIGN
@antigonishwomen'sresourcecentre.ca
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Olivia Hassler
Christine Johnson
Maighan MacIntyre
Laura Pickersgill
Melanie White

Thea Clarke
Petra Cross
Faye Fraser
Christina Holmes
Meghan MacGillivray-Casse, co-chair
Cianna MacKeigan
Hina Sheikhzadi

STAFF:

Wynne Sander
Vanya Baber
Oisele Carpenter
Mica Francis
Jackie Jacques
Christine Harvion
Nancy Gray
Pam Ruben
Heather Blackburn
Felicia Felix MacDonald
Kendra MacEachern
Marcia Connolly
Aileen Sweet
Morag MacGillivray
Sheila Booth
Olivia Landry
Jubanti Toppo
Johannah May Black
Speranza Hendra
Kaitia Stevens
Danielle Martell
Michelle Newell
Tara Reddick
Tonya Peasey
Peggy Chisholm
Rachelle MacLaughlin
Tolmie Belyea
Parker Poole

Executive Director

Women's Services Coordinator
Women's Support Worker
Book keeper & Admin support
Financial Administrator
Specialized Trauma Therapist
SANE Coordinator
SANE Staff & Response Site Coordinator
SANE Program Coordinator
Outreach Worker
Healthy Relationships
Healthy Relationships
Healthy Relationships
Healthy Relationships
Newcomer Support Worker
Bystander Intervention
Crisis of Support & Change Coordinator
Circles - NSCC Community Facilitator
Circles - Camp Community Facilitator
African Nova Scotian Community Facilitator
Income Tax & Stats
Medical Receptionist
Summer Student / Medical Receptionist
Summer Student

