April 27/16 The carled



Sequal Assault Awareness Month



Prevention is Possible

The teenage years are a time when youth begin their journey to independence. Making friends, relating to others and "fitting in" are really important. These days much of this occurs online. Online Sexual Violence and harassment is a common experience for youth and adults in our community and can take on many forms:

- Spreading lies or rumors about someone's sexual activity and/ or reputation
- Forwarding, sending, or pressuring someone for a sexy or nude picture or text
- Being sent a sexy or nude picture or text that you didn't want
- Pressuring someone to send a sexy or nude pic or text
- Making online threats or "jokes" about wanting to hurt or sexually assault someone
- Posting negative comments about others on social media

For more information on how to talk to youth about online safety, or how to help someone who is being harassed online, please call the Antigonish Women's Resource Centre & Sexual Assault Services at 902-863-6221.