

2007-2008

Employment options kits available

by Heather MacAdam
Anyone looking at updating their education and training kit, a new career may want to look up the employment options kit from the Antigonish Women's Resource Centre.

The new kit contains the most of employment opportunities in 20 different occupations, and the benefits received come in the package.

Kathleen Reid, co-ordinator of the kit, says that it is intended for the Antigonish Women's Resource Centre, which is a non-profit organization that provides support and training for women in the community.

Celebrating women

Antigonish Women's (WRC) of Antigonish, Nova Scotia and Emma Smith, of Antigonish, Nova Scotia, were the winners of the 2007-2008 Women's Resource Centre Award for their work in the community.

The award was presented to them by the Antigonish Women's Resource Centre, which is a non-profit organization that provides support and training for women in the community.



Inspire program sparks school board debate

Lunch and Learn focuses on new

by Heather MacAdam
The Inspire program, a program for girls taking place in the schools throughout the Antigonish Regional School Board, has sparked a debate in the school board about its future.

The program is facilitated by the Antigonish Women's Resource Centre, in partnership with the Antigonish Regional School Board. It is a program that provides support and training for girls in the community.

Session on ovarian cancer

A spokeswoman for National Ovarian Cancer Association (NOCA) will make a presentation at the Antigonish Women's Resource Centre on Thursday, May 15, at 10 a.m. about the importance of early detection of ovarian cancer.

The presentation will be held at the Antigonish Women's Resource Centre, which is a non-profit organization that provides support and training for women in the community.

Funding initiatives benefit low-income families

Let's make everyday life a little easier. The Antigonish Women's Resource Centre is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for low-income families.

The funding will be used to provide support and training for low-income families in the community.

READERS WRITE

Thankful for Inspire program

I would like to congratulate the staff of the Inspire program for their hard work and dedication. I am grateful for the support and training that they have provided to me and my daughter.

The Inspire program has been a great help to me and my daughter, and I am grateful for the support and training that they have provided to me and my daughter.

AWRC Women's Resource Centre offers 'A Hand Up'

A year of growth for the centre

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) has celebrated a year of growth and success. The centre has received funding from the Antigonish Regional School Board to provide support and training for low-income families.

The centre has also received funding from the Antigonish Regional School Board to provide support and training for low-income families.

AWRC celebrates completion of renovation

The Antigonish Women's Resource Centre (AWRC) has celebrated the completion of its renovation project. The centre has received funding from the Antigonish Regional School Board to provide support and training for low-income families.

The centre has also received funding from the Antigonish Regional School Board to provide support and training for low-income families.

Reducing the trauma of assault victims

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for assault victims.

The funding will be used to provide support and training for assault victims in the community.

Eating disorders focus of workshop

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for eating disorders.

The funding will be used to provide support and training for eating disorders in the community.

International Day for the Eradication of Poverty luncheon

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for the International Day for the Eradication of Poverty luncheon.

The funding will be used to provide support and training for the International Day for the Eradication of Poverty luncheon in the community.

Equal access to opportunities

Low income single mothers deserve better

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for low income single mothers.

The funding will be used to provide support and training for low income single mothers in the community.

SRSB adopts youth health centre policy

by Heather MacAdam
The Antigonish Regional School Board (SRSB) has adopted a policy for the youth health centre. The policy will provide support and training for youth in the community.

The policy will be used to provide support and training for youth in the community.

The AWRC welcomes newcomers to Antigonish

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for newcomers to Antigonish.

The funding will be used to provide support and training for newcomers to Antigonish in the community.

Program gives rural women a voice

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for rural women.

The funding will be used to provide support and training for rural women in the community.

Coady Women's Picnic

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for the Coady Women's Picnic.

The funding will be used to provide support and training for the Coady Women's Picnic in the community.

Sister Mary MacLeod Bursary

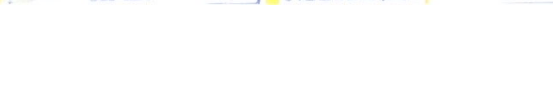
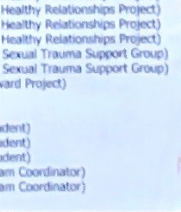
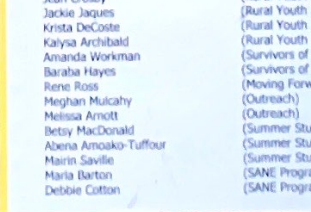
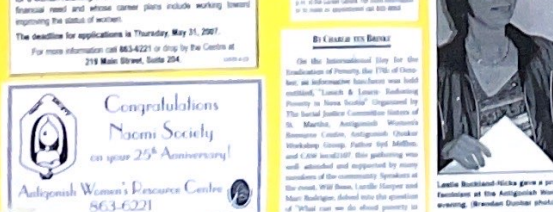
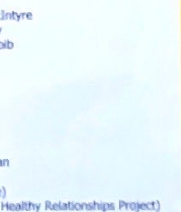
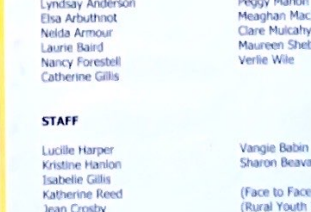
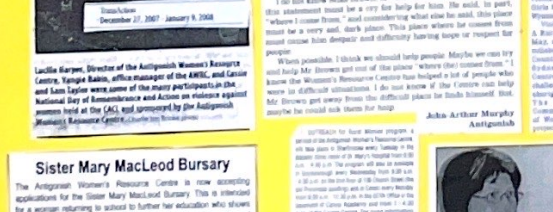
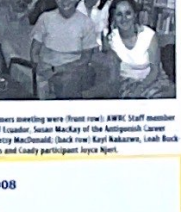
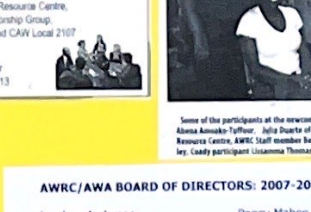
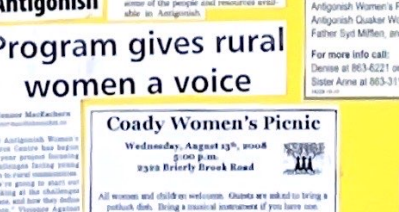
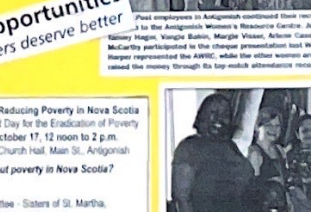
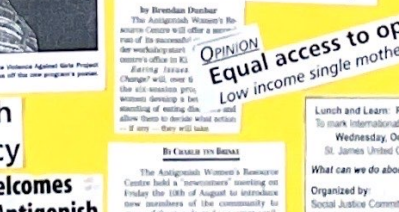
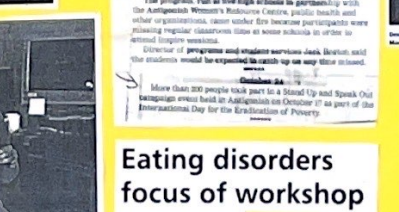
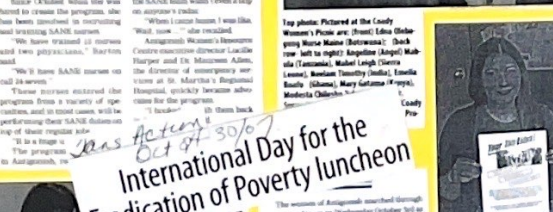
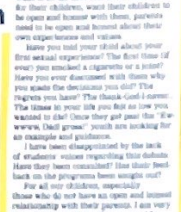
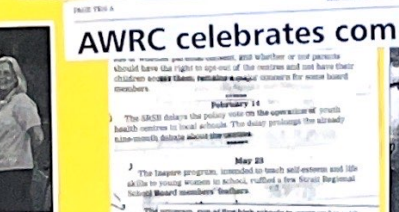
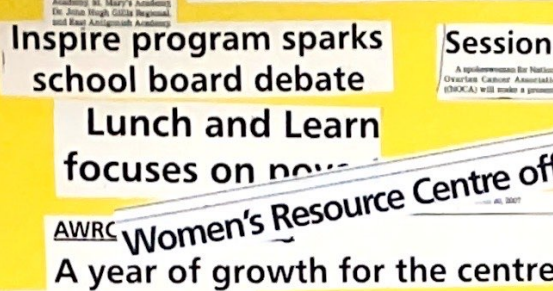
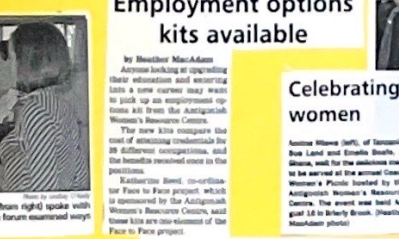
by Heather MacAdam
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The funding will be used to provide support and training for the Sister Mary MacLeod Bursary in the community.

AWRC/AWA BOARD OF DIRECTORS: 2007-2008

by Heather MacAdam
The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide support and training for the AWRC/AWA Board of Directors.

The funding will be used to provide support and training for the AWRC/AWA Board of Directors in the community.



2007-2008

Employment options kits available



AWRC Project Coordinator and Antigonish Women's Resource Centre leader Katherine Reed (third from right) speaks with some of the women in attendance at the 'A Hand Up' forum held at SRA on Thursday. The forum encouraged women to help low-income single parent students overcome financial obstacles.

Celebrating women



Antigonish Women's Resource Centre employees Meghan Murray and Susan Mackay (left), and the Antigonish Women's Resource Centre staff (right) are celebrating the success of the annual Coady Women's Picnic held August 18 in Briery Brook. (Antigonish Women's Resource Centre photo)

Inspire program sparks school board debate Lunch and Learn focuses on new

AWRC Women's Resource Centre offers 'A Hand Up' A year of growth for the centre

Reducing the trauma of assault victims

By Heather MacAdam
The Inspire program, a program for girls taking place in five schools throughout the Antigonish Regional School Board, has a lot to offer to students and the community during a recent lunch and learn session.

The program is facilitated by the Antigonish Women's Resource Centre in partnership with Public Health and other service organizations. Currently, the program is at Cape Academy, O'Connell Academy, St. Mary's Academy, St. John's Catholic Academy, and the Antigonish Academy.

The Inspire program is a lunch and learn session for school board members and staff. The session was held at the Antigonish Women's Resource Centre on Thursday, July 19, 2007.

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Session on ovarian cancer

A spokeswoman for National Ovarian Cancer Association (NOCA) will make a presentation at the St. James United Church (Antigonish) on Thursday, May 15 at 10:30 a.m. about this dangerous disease. Leigh MacDonnell, of Antigonish, is a speaker.

Funding initiatives benefit low-income families

Let's make everyday life easier! The Antigonish Women's Resource Centre (AWRC) is pleased to announce that it has received funding from the Antigonish Regional School Board to provide a lunch and learn session for school board members and staff.

READERS WRITE Thankful for Inspire program

I would like to congratulate the staff of the SRA and other members who have helped their students. Their efforts have made a difference in the lives of the Youth Health Centre and the Inspire program.

Before parents talk to their children, let's make sure they understand the importance of the Inspire program. The Inspire program is a lunch and learn session for school board members and staff. The session was held at the Antigonish Women's Resource Centre on Thursday, July 19, 2007.

International Day for the Eradication of Poverty luncheon



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The Reporter Wednesday March 28 2007 Page 9

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AWRC celebrates completion of renovation



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Eating disorders focus of workshop

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The AWRC welcomes newcomers to Antigonish

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Program gives rural women a voice

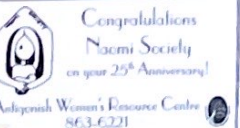
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Mike Brown needs help

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Sister Mary MacLeod Bursary

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AWRC/AWA BOARD OF DIRECTORS: 2007-2008

- Lyndsay Anderson
- Elsa Arbutnot
- Nelda Armour
- Laurie Gillis
- Nancy Forestell
- Catherine Gillis
- Peggy Mahon
- Meaghan MacIntyre
- Clare MacInnis
- Maureen Shebb
- Verlie Wile
- Vangie Babin
- Sharon Beavan
- (Face to Face)
- (Rural Youth Healthy Relationships Project)
- (Rural Youth Healthy Relationships Project)
- (Rural Youth Healthy Relationships Project)
- (Rural Youth Healthy Relationships Project)
- (Survivors of Sexual Trauma Support Group)
- (Survivors of Sexual Trauma Support Group)
- (Moving Forward Project)
- (Outreach)
- (Outreach)
- (Summer Student)
- (Summer Student)
- (Summer Student)
- (Summer Student)
- (SANE Program Coordinator)
- (SANE Program Coordinator)

Antigonish Women's Resource Centre
863-6221

2007-2008

Employment options kits available



By Heather MacAdam
The program, a program for girls taking place in five sessions throughout the week, is being held at the South Regional School Board, located at 1000 Highway 100, and is open to all girls in the area.

The program is designed by the Antigonish Women's Resource Centre, in partnership with the South Regional School Board, to provide girls with information and resources to help them make informed decisions about their future.

AWRC Project Coordinator and Antigonish Women's Resource Centre leader Katherine Reed (third from right) spoke with some of the women in attendance at the "A Hand Up" forum held at SRF last Thursday. The forum examined ways to help low-income single parent students overcome financial obstacles.

Celebrating women



Antigonish Women's Resource Centre employees Margaret Macleod and Susan Gilta were honoured for their work with the centre during the annual Women's Resource Centre Awards ceremony.

Funding initiatives benefit low-income families

READERS WRITE Thankful for Inspire program

Inspire program sparks school board debate Lunch and Learn focuses on new

AWRC Women's Resource Centre offers 'A Hand Up' A year of growth for the centre

Reducing the trauma of assault victims

By Brendan Dunbar
The Inspire program, a program for girls taking place in five sessions throughout the week, is being held at the South Regional School Board, located at 1000 Highway 100, and is open to all girls in the area.

The program is designed by the Antigonish Women's Resource Centre, in partnership with the South Regional School Board, to provide girls with information and resources to help them make informed decisions about their future.

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Top photo: Present at the Coady Women's Picnic are (from left to right) Antigonish Women's Resource Centre employees Margaret Macleod and Susan Gilta, and Antigonish Women's Resource Centre leader Katherine Reed. Bottom photo: Present at the Coady Women's Picnic are (from left to right) Antigonish Women's Resource Centre employees Margaret Macleod and Susan Gilta, and Antigonish Women's Resource Centre leader Katherine Reed.

AWRC celebrates completion of renovation

The Antigonish Women's Resource Centre has celebrated the completion of its renovation project. The new facility, located at 1000 Highway 100, is a modern and comfortable space for the centre's programs and services.

The renovation project was a major undertaking for the centre, and it has resulted in a new facility that is better equipped to serve the community.

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Antigonish Women's Resource Centre employees Margaret Macleod and Susan Gilta were honoured for their work with the centre during the annual Women's Resource Centre Awards ceremony.

International Day for the Eradication of Poverty luncheon



The Antigonish Women's Resource Centre is hosting a luncheon to celebrate International Day for the Eradication of Poverty. The event will be held on Wednesday, October 17, from 12 noon to 2 p.m. at St. James United Church Hall, Main St., Antigonish.



Antigonish Women's Resource Centre employees Margaret Macleod and Susan Gilta, and Antigonish Women's Resource Centre leader Katherine Reed, are present at the luncheon.

Eating disorders focus of workshop

The Antigonish Women's Resource Centre is hosting a workshop on eating disorders. The workshop will be held on Wednesday, October 17, from 12 noon to 2 p.m. at St. James United Church Hall, Main St., Antigonish.

The workshop is designed to provide information and resources to help people understand eating disorders and how to seek help.

Equal access to opportunities Low income single mothers deserve better

The Antigonish Women's Resource Centre is hosting a workshop on equal access to opportunities for low-income single mothers. The workshop will be held on Wednesday, October 17, from 12 noon to 2 p.m. at St. James United Church Hall, Main St., Antigonish.

The workshop is designed to provide information and resources to help low-income single mothers understand their rights and how to seek help.

SRSB adopts youth health centre policy



The South Regional School Board (SRSB) has adopted a policy for a youth health centre. The policy will be implemented in the fall of 2008.

The policy is designed to provide information and resources to help young people understand their health and how to seek help.

The AWRC welcomes newcomers to Antigonish

The Antigonish Women's Resource Centre is welcoming newcomers to Antigonish. The centre provides a variety of programs and services to help people understand their rights and how to seek help.

The centre is a safe and supportive space for people to learn and grow.

Program gives rural women a voice

The Antigonish Women's Resource Centre is hosting a program to give rural women a voice. The program will be held on Wednesday, October 17, from 12 noon to 2 p.m. at St. James United Church Hall, Main St., Antigonish.

The program is designed to provide information and resources to help rural women understand their rights and how to seek help.

AWRC/AWA BOARD OF DIRECTORS: 2007-2008

- | | |
|--|---|
| Lyndsay Anderson
Elsa Arbutnot
Neida Armour
Laurie Baird
Nancy Forestell
Catherine Gillis | Peggy Mahon
Meaghan MacIntyre
Clare Mulcahy
Maureen Shebb
Verlie Wile |
|--|---|

Sister Mary MacLeod Bursary

The Antigonish Women's Resource Centre is now accepting applications for the Sister Mary MacLeod Bursary. The bursary is designed to provide financial support to students who are pursuing post-secondary education.

Applications should be submitted to the Antigonish Women's Resource Centre by the deadline of Thursday, May 31, 2007.

Mike Brown needs help

Mike Brown, a resident of Antigonish, is in need of help. He is a single parent and is struggling to make ends meet. He is looking for a job and needs help with his children's education.

The Antigonish Women's Resource Centre is offering help to Mike and his family. The centre can provide information and resources to help Mike find a job and get his children into school.

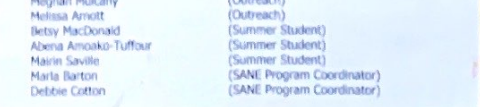
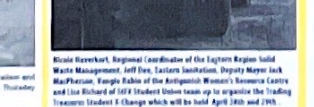
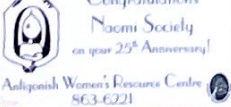
Coady Women's Picnic

The Coady Women's Picnic is a popular annual event. It will be held on Wednesday, August 15, 2007, at 3325 Brierley Brook Road. The picnic is a great opportunity for women to get together and enjoy a day of fun and relaxation.

There will be food, games, and entertainment. The picnic is free and open to all women.

Staff

- | | |
|--|-------------------------------|
| Lucille Harper
Kristine Hanlon
Isabelle Gills
Katherine Reed
Jean Crosby
Jackie Jacques
Krista DeCoste
Kalysha Archibald
Amanda Workman
Barbara Hayes
Rene Ross
Meghan Mulcahy
Melissa Amott
Betsy MacDonald
Aileen Amosko-Tufford
Martin Schaller
Maria Barton
Debbie Cotton | Vangie Babin
Sharon Beavan |
|--|-------------------------------|



Celebrating women

READERS WRITE
Thankful for
Inspire program

The Youth Health Centres (YHCs) and the Inquire program offer students a place where they can be open and honest about the struggles of adolescence. If parents want to be the first source for information,

(Survivors of Sexual Trauma Support Group)
(Moving Forward Project)
(Outreach)
(Outreach)
(Summer Student)
(Summer Student)
(Summer Student)
(EANE Bioscience Coordinator)

(SANE Program Coordinator)

2008-2009

Youth program receives funding

By Heather Macdonald
The Antigonish Women's Resource Centre (AWRC) is receiving additional funding for the annual youth violence prevention program.

More than 100 women and girls received information and support from the program last year. The program is a partnership between the AWRC and the Antigonish Regional Board of Health. The program is funded by the Antigonish Regional Board of Health and the Antigonish Women's Resource Centre.

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Brown remains critical

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Motion to deny access defeated

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Speaker says bureaucracy hinders women's movement

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Grow with us

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Session promotes aid program

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Vigil sheds light on violence against women

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Confident in AWRC

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Women's resource centre executive defends its programs, personnel

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Community focuses on fuel fund

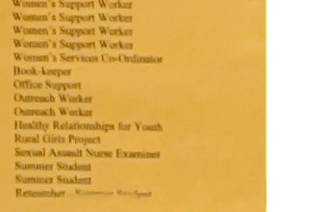
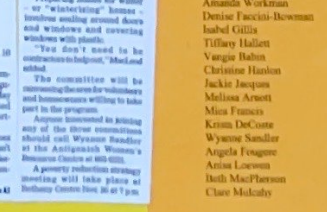
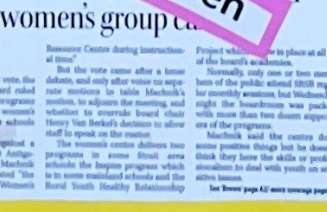
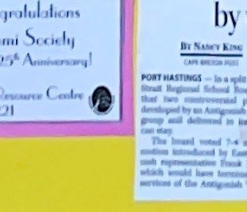
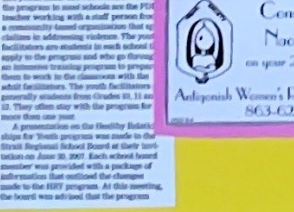
By Heather Macdonald
The Antigonish Women's Resource Centre (AWRC) is receiving additional funding for the annual youth violence prevention program.

More than 100 women and girls received information and support from the program last year. The program is a partnership between the AWRC and the Antigonish Regional Board of Health. The program is funded by the Antigonish Regional Board of Health and the Antigonish Women's Resource Centre.

that public health nurses and social workers are well trained to be delivering these programs

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Health Relationships for Youth
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Summer Student
Summer Student
Retiree

"We expect it to be a great day," Sandier said.

Support Worker
Support Worker
Support Worker
Support Worker
Services Co-Ordinator
Spier
Support
Worker
Worker
Relationships for Youth
rfs Project
Community Nurse Examiner
Student
Student
1997 © Commonwealth of Australia

2008-2009

Youth program receives funding

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) will be receiving additional funding from the federal government to support its youth program.

More than 10 Antigonish youth groups were awarded grants from the Department of Justice for the 2008-2009 fiscal year. The grants will be used to support the youth program, which is a key part of the AWRC's mandate to provide support and resources to women and youth in the community.

The youth program is a multi-faceted initiative that provides a safe space for youth to explore their identity, build self-esteem, and develop leadership skills. It includes a variety of activities, such as group discussions, role-playing, and community projects.

The grants will be used to support the youth program for the next fiscal year. The AWRC is grateful for the support of the federal government and looks forward to continuing its work with the youth of Antigonish.

Brown remains critical

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) remains critical of the Health Canada's funding for the youth program.

The AWRC has expressed concerns about the funding process, which it feels is opaque and lacks transparency. The center believes that the funding should be used more effectively to support the youth program and that the process should be more open to the community.

The AWRC has also expressed concerns about the impact of the funding on the youth program. The center believes that the funding is not enough to support the program and that it is being used in a way that is not in the best interests of the youth.

The AWRC is currently working with the federal government to address these concerns and to ensure that the funding is used in a way that is transparent and effective.

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The AWRC is currently working with the federal government to address these concerns and to ensure that the funding is used in a way that is transparent and effective.

Motion to deny access defeated

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has successfully defeated a motion to deny access to the center's facilities.

The motion was brought forward by a group of individuals who claimed that the center's facilities were being used for inappropriate purposes. The AWRC has argued that the facilities are being used for legitimate purposes and that the motion is an attempt to restrict access to the center.

The motion was defeated by a vote of the community, which supports the AWRC's right to use its facilities for its programs and services.

Speaker says bureaucracy hinders women's movement

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has expressed concerns about the bureaucracy that hinders the women's movement.

The AWRC has argued that the bureaucracy is a major barrier to the progress of the women's movement. The center believes that the bureaucracy is too slow and too complex, and that it is a major obstacle to the implementation of policies and programs.

The AWRC is currently working with the federal government to address these concerns and to ensure that the bureaucracy is streamlined and efficient.

Vigil sheds light on violence against women

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has organized a vigil to shed light on violence against women.

The vigil was held on the waterfront in Antigonish and drew a large crowd of community members. The vigil was a powerful statement of support for the women who have been victims of violence and a call for action to address the issue.

The AWRC is currently working with the community to address the issue of violence against women and to ensure that the women are safe and supported.

Grow with us

The Antigonish Women's Resource Centre (AWRC) is growing and looking for help.

The AWRC is currently working on a variety of projects and programs, and it is looking for volunteers and donors to help it achieve its goals. The center is a non-profit organization and all donations are tax-deductible.

If you are interested in helping the AWRC, please contact us at (902) 456-1234.



Session promotes aid program

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has organized a session to promote its aid program.

The session was held at the center and was attended by a group of community members. The session provided information about the center's aid program and the ways in which the community can get involved.

The AWRC is currently working on a variety of projects and programs, and it is looking for volunteers and donors to help it achieve its goals.

Confident in AWRC

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) is confident in its ability to provide support and resources to women and youth in the community.

The AWRC has a long history of providing support and resources to the community, and it is confident that it will continue to do so for many years to come. The center is a non-profit organization and all donations are tax-deductible.

If you are interested in helping the AWRC, please contact us at (902) 456-1234.

Women's resource centre executive defends its programs, personnel

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) executive has defended its programs and personnel.

The executive has argued that the center's programs and personnel are of high quality and that they are providing valuable support and resources to the community. The executive has also argued that the center is a non-profit organization and that all donations are tax-deductible.

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AWRC defends program

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Celebrating women

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) is celebrating women.

The AWRC has organized a variety of events and programs to celebrate the achievements of women in the community. The center is a non-profit organization and all donations are tax-deductible.

If you are interested in helping the AWRC, please contact us at (902) 456-1234.

Community focuses on fuel fund

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has organized a community focus on the fuel fund.

The community focus was held at the center and was attended by a group of community members. The focus provided information about the fuel fund and the ways in which the community can get involved.

The AWRC is currently working on a variety of projects and programs, and it is looking for volunteers and donors to help it achieve its goals.

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Congratulations

Naomi Society on your 25th Anniversary!

Antigonish Women's Resource Centre

School board says

by Heather MacIsaac
The Antigonish Women's Resource Centre (AWRC) has expressed concerns about the school board's actions.

The AWRC has argued that the school board's actions are in the best interests of the community and that they are providing valuable support and resources to the community. The center is a non-profit organization and all donations are tax-deductible.

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