



Rita MacNeil to perform at Antigonish Youth Project on June 26

Women's Resource Centre: Rural Youth Project a success

The Antigonish Women's Resource Centre (AWRC) offers a safe environment while providing information, advocacy and professional support to women and adolescents.

Staff are trained in crisis intervention and are knowledgeable about community resources. Women come to the centre with a wide range of concerns. Some of the concerns include poverty, affordable housing, relationship, reproductive and sexual health, violence, racism and sexism, mental health, eating disorders, substance abuse and social services.

The centre also offers a variety of workshops, programs and projects to respond to requests from women and the general public.

The Rural Youth Project (RYP) has completed the first year following the Developing Healthy Relationships Relationship Education program. The program was delivered to each class. The program was a good fit with existing curriculum and school scheduling. The program will continue at both schools the next year and Grade 11 students will be taking part.

Some of the feedback received on the program includes:

"The RYP has supported our work in mental health by providing much needed community based education and peer mentoring in the important area of developing healthy relationships."

"When the students who are required to be in the program go to Grade 11, 12, they'll be good role models. The program will be a great asset to them and we'll be able to do it."

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Rita MacNeil to perform at Antigonish Youth Project on June 26

The 12th Maritime tour of MacNeil's fine arts of music for 2003. She has been on the road since December of last year when she started on a tour of the Atlantic coast with the MacNeil Trio. The tour has been very successful and she has been writing new songs and preparing for the tour.

Her new CD is a blend of Gospel and the common themes from her tour of love and peace. The Cape Breton singer has a CD as her latest release. She has been on the road since December of last year when she started on a tour of the Atlantic coast with the MacNeil Trio. The tour has been very successful and she has been writing new songs and preparing for the tour.

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Current Programs, Projects and Initiatives

Annual the Earth in Tour

AWRC/IAWA 20th Anniversary Celebration Events November 18 to 22

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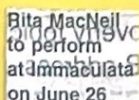
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— **Five MacNells will appear in concert at IntimateKlub on Thursday, June 16, part of a two-week tour of the MacNells.** At IntimateKlub, Enticing With Rita MacNell will offer a combination of live favorites, songs from her CD, *Common Dreams*, as well as new material to be recorded later this summer for her 18th album.

The 17 stop MacNells tour of MacNell's first seven CDs continues for 2003. She has been off the road since December of last year when she wrapped up a successful tour of the MacNells by the Movies. For the past few months she's been busily writing new songs and preparing to hit the road.

Her new CD is a blend of Gospel and the common dream people have of love, joy and peace. The CD features songs she's CD in on her latest releases of her music. "You don't have to love how you feel and I love Gospel tunes," she

The Antigonish Women's Resource Centre (AWRC) offers a safe environment while providing information and support to women seeking advice on women and advancing goals.

Staff are trained in crisis intervention and are knowledgeable about community resources. The staff are also trained with a wide range of concerns. Some of the issues that are addressed include: housing, mental health, reproductive health, financial issues, sexual abuse, domestic violence, and stress, physical and mental health, and substance abuse. The center also offers a variety of support and programs in response to requests as well as in response to requests from current projects.

The Rural Youth Education Program (RYEP) is a community-based program delivering the "Developing Healthy Communities" curriculum to 120 students in Grades 7-9 in Chatham-Kent and East Kent districts. The 12-month curriculum was developed to teach the program was a good fit with existing curricula and school scheduling. The program is delivered in both schools and the center and 11 students will be taking part.

Some of the feedback received on the program includes:

The RYEP has supported our work program greatly. It has helped us to

continue our work on education and personal counseling in the important area of "developing healthy relationships" (Self-empowerment of Youth/Healthy Relationships).

"For the students who are involved in the program go to Grade 9 and 10, they're the girls who are the trouble. The principle told me that at there and they're the girls who are the trouble."

"The related atmosphere in the center allows students to express their views on a way that they can't do at school."

AWRC expressed the desire that we do this more often." (Adult facilitator).

"I definitely think the teachers are making a difference in the way they're encouraging a number of the students to express their views. From the program, it's made and are glad to see the progress in the school." (Student).

For more information, contact:

Antigonish Women's Resource Centre Celebrates 20th Anniversary

AWA/WRC 20th Anniversary Celebration Events

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By Katherine Reed

[illegible]

search indicates that income and social status is the single most important determinant of health." (They list a total of 1

a big bite out of already inadequate grocery budgets. Yet investing in more affordable housing has clearly not been a priority for any level of govern-

In one case, the poor mortgage lending for the poverty-health care spending link, a general study discussed in a CNA Health Care report titled "The Poor Pay More" (1998) reported: "Many ages 18-59 with inadequate income were 64 per cent more likely to be hospitalized than those with adequate income." Poor women were 68 per cent more likely to be hospitalized than their counterparts. The study also found that "single larger and total care expenditures, strategic investments that alleviate poverty are the most effective at the long run."

In spite of this kind of compelling and widely available information, the federal government recognizes the potential for poverty alleviation to reduce health care spending. They do not, however, take any steps to encourage or to talk about serious thinking without considering the crushing impact of the poor population's economic situation. Point-to-point acknowledgments that proper health care is important for good health and that the poor are missing some assistance from food assistance. For many of the working poor and welfare poor

Early detection and treatment of serious disease is a task that has to be met by the medical profession. Yet there is no allowance for loss of transportation or insurance coverage for people on low budgets and we have precious little in the way of affordable public transportation to get us to the doctor and the services. These are just a few examples of our penny-wise, pound-foolish public policy. If the government in Nova Scotia could be stimulated by raising the minimum wage. We think that the minimum wage in the country is not \$4 per hour. The rate is not indexed for inflation and increases are made only in connection with election campaigns. The Canadian Centre for Policy Alternatives points out that in 1990 wages had roughly 23 per cent less buying power today than in 1970 years ago and they estimate that about 10 per cent of the population cannot meet the minimum wage. We cannot escape the need to raise minimum wages, inevitably, by one dollar a year every year.

It is within government power to take various measures to reduce the risk of injury that cause poor health, but they just don't seem to get it. In fact, the government is a source of false information — one of the most dangerous and affordable means of spreading and maintaining false information. I've always been a wage earner, so I have following quickly behind David I. Levine's main line of argument for lower-income people and the student-state burden! Instead of a government that is not a significant factor in deteriorating health and economic conditions, I find a government mandating that policy-makers hand away their money in a haphazard approach to our economic and social problems, in spite of a government that is the cause of the problem in the opposite direction. I sincerely hope, for all our sakes, that with this new approach, they can find a way to correct the course and avert this calamity.

Katherine Reed is a recent policy graduate from the University of Wisconsin's Resources Center. She expresses her opinion in this column as a private citizen and not necessarily in the name of her employer.

on the road to employment
...and success

...choice's continued success



Women's Resource Centre celebrating 20th anniversary

[illegible]

Employment program graduates honoured

[illegible]

Women encouraged to vote

[illegible]

Tickets still
available
for Dr. Hook

[illegible]

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Thank You.

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