

On The Road graduates honoured

by Ryan Gillis

The 10 graduates of the On The Road to Employment program were honoured recently for their achievements with a graduation ceremony held at the Lion's Den, Antigonish.

The program was funded by Human Resources Development Canada and sponsored by the Antigonish Women's Resource Centre.

The 10 women from Antigonish and Guysborough Counties facing barriers to employment were enrolled in an 18-week pre-employment program.

The first component comprised of life skills and personal development topics such as, values, self-esteem, assertiveness, PMS, Menopause, healthy living, breast health, stress management and challenges and opportunities in the job market.

The second component deals with developing skills including résumé and cover letter writing skills, job interview skills, presentation skills, computer skills, and goal setting and grammar skills.

Life skills coordinator Sherry Battiste says graduates received six certificates at the graduation in the following areas, Workplace Hazardous Materials Information Systems (WHMIS), food handlers, superhost, non-violent crisis intervention, First-Aid and CPR and basic computer skills.

Battiste says the graduates have increased confidence in their abilities, they have increased analytical skills and knowledge of community resources and opportunities.



ON THE ROAD TO EMPLOYMENT graduates finished off their year with a graduation ceremony held recently. On-hand to receive their certificates were, Alison Richard (front left), Carole Taylor, Carol Bowie, Brenda Smith, Sherry Penney, Susan Hemlow, Facilitator Sherry Battiste, Trina Myers, (back right) Joan MacDonald, April Hodder and project coordinator Heather Carson. Absent was Elizabeth Silver.