2002-2003

Women's Resource Centre plans series of workshops

Everyone a winner at Free Store

Can't say NO?

Join us for a series of worksh

ASSERTIVENE TRAINING

Learn how to: Say NO
Set healthy boundaries
Express feelings
Ask for what you want

Be prepared for fun, hands on exercises and

Tuesdays: November 12,
9:30 - 11:30

Support appreciated

Thank you for clearly and unmistakably voicing your support for the services provided to women and families by the Antigonish Women's Resource Centre. Together this people of Antigonish have offered a longstanding commitment to working together to be community in which all children are valued without depri poverty is a

Adult Facilitators

Antigonish Women's Resource Centre requires four adults to work within centre for 10 months, September to June, to be part of a mul support training co

project, "Rural Youth Healthy Relationships Education project" school-based violence prevention

Applicants must possess strong communication skills, be able to work independently and be flexible in order to meet the needs of the project. Preference will be given to applicants who are Women's Resource Centre members, have children in the school system, have a strong commitment to the long term goals of the project, and have a strong commitment to working together to promote a community free of violence.

Resumes may be sent to:
Antigonish Women's Resource Centre
204 Kirk Place, 219 Main Street
Antigonish, Nova Scotia B2G 2C1

Closing date for applications is April 25, 2002

Women's centres: best-kept secret in Nova Scotia

By Katherine Reed

support and information. I wanted one to other women feel shared either of the centre. To my amazement, that's what it did. Just to be the centre to meet women's needs. It was truly the most valuable time I've ever spent.

As a peer support and advocacy provider at the women's centre, I have an hourly of women come and go, ranging all kinds of issues. Some of them just wanted to have someone to talk to. Some were extremely hostile and some were extremely scared. I have seen women who were so ashamed of their situation that they were afraid to have to find a babysitter so they could come to the centre. Some were immigrants, some were abused, some were homeless, some were poor, some were

participation in the women's restorative justice and equitable public policy (FemJepp)

AWA hosts Women's Day celebrations

Say NO to Balancing the Budget on the Backs of Women and Children.

Join us to ask for restored funding to women's centres, transition houses and men's intervention programs.

Wednesday, April 17
12:15-12:45 p.m.
Antigonish Town Hall
St James United Church Hall in e
For more informa
Antigonish W

Life Literacy Project

The Antigonish Women's Resource Centre is conducting a literacy project. The Centre is currently recruiting for **women between the ages of 16 and 24** living in Antigonish Town or County who have been out of school for four years or more and are facing challenges that prevent them from developing their education, employment and life goals.

This literacy project will give women a chance to tell their stories and contribute ideas for future literacy programs. The project will run from June to August with flexible meeting times. Each woman will become a small honorarium for her participation in this project.

Please contact Pamela Fry at W... for more information at **863-5212**

Life Literacy Project

Affordable housing still a major concern

Monika MacKinnon

and promising, "the cheaper of Antigonish County, more than anything else, is a major problem in the community."

Herb Delorey and council's position will consider a request to help fund affordable housing, including staff and materials.

The AWRC has been working to address the need for more affordable housing for more than 10 years, including a study completed in 1995 on the vacancy rate in Antigonish.

Last year, the Coalition of St Martha contributed $15,000

Options & Ideas

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Perhaps you face problems involving transportation, money, childcare or discrimination.

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Kelly Shiers
Reporter

Women's cente

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Association marking Women's Day at Coady

Despite the turnout, walk organizers pleased

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Take Back Th

march September 22

"social assistance reform in nova scotia: is it working for women?" project

Resource C

Helping women overcome barriers

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march September 22

The Antigonish Women's Association will be joining other women in cities and towns across North America on Friday Sept 22, for a 7 km March the Night Walk. The walk will start at 7 p.m.
The purpose of the event is to draw attention to making streets safe for women and children to walk without fear of sexual intimidation.
Concerned women wishing to participate are invited to meet at the corner of Church street and Main St., near St. James United Church, at 6:45 p.m. Participants are asked to bring a candle and bell or other noise-maker. Women are encouraged to bring their children.
A spokesperson for the local organizers says sexual intimidation of women is pervasive in all communities across Canada. Studies reveal many women have been subjected to some form of verbal or physical abuse on the street at some point in their lives and have felt anger, fear and defensiveness. Women asks know the fear of rape which makes walking alone in

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Local Resource Centre to expand programs

Antigonish Women's Resource Centre is hoping to expand to after-school programs for young women in the community.

Pamela Fry, Stepping Forward program coordinator, says she is planning to offer a weekly multicultural arts and crafts workshop for females 14-17 years of age.

"The funding for the current sessions will come to an end in June," Fry says. "However, extending this program through the summer will allow the participants to continue to meet work together to experience ... through art, and to develop a sense of accomplishment.

To help fund this program, Fry says she would be grateful for in-kind donations of ...

"The services we provide literally mean the difference between life and death in cases—that's not saying security dramatic — for women and children in this province," said Lucille Harper, director of the Antigonish Women's Resource Centre.

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