

Leisure & Living

Cook Book Subjects Interviewed

Lucille Harper, of the Antigonish Women's Resource Center, co-ordinated a recent trek to Halifax for five women who are featured in the AWA's recent cook book, "Cooking Over Time."

The book by area resident Jane A. Barter, and sponsored by the AWA, features short biographical sketches of women who have made contributions to their community, along with some of their favourite recipes.

"The Center received a call from the CBC in mid-December to arrange an interview for the Peter Gzowski program which originates from Toronto," center spokesperson Lucille Harper

center contacted Eileen Cameron Henry, Sister Irene Doyle, csm, May Bouchard, Betty Webber and Sachi Shimo-Takahara and organized the trip to the CBC studio in Halifax.

CBC staff arranged the link with Peter Gzowski and the interview was taped.

The interview aired on Boxing Day.



INTERVIEWED on the Peter Gzowski radio show on Boxing day were Sr. Irene Doyle, csm (left), Lucille Harper, Eileen Cameron Henry, May Bouchard, Betty Webber and Sachi Shimo-Takahara. They spoke with the popular CBC radio host about the Antigonish Women's Resource Center publication of the cook book, "Cooking Over Time."