<u>September 1992 - summary</u>

ADOLESCENT HEALTH PROJECT

Our new funding year under a grant from Health & Welfare began in mid-August 1992. After awaiting everyone's return from summer holidays, we have been very busy since September planning our health promotion and community development project.

Adolescent Advisory Committee

The Adolescent Advisory Committee has been meeting regularly, and has swung right into a schedule of program planning for our first health promotion week on Alcohol/Drugs which will run from November 14 through November 22, 1992 and will coincide with provincial Drug Awareness Week.

Community Contacts

Project staff has been meeting with a variety of local and regional resources around the issue of Alcohol/Drugs and adolescents. We have begun preliminary planning for our first health promotion week and community interest is high. Nelda and Joyce at North Shore Drug Dependency will work with us to coordinate their efforts around the week's activities. First meetings with other community individuals have indicated support and interest in the planning and administering of the health week.

"Section 25"

At the end of August, we received approval for a C.I.C. "Section 25" project which began the 7 September 1992. This project has allowed us to have 3 full-time staff assisting with written resource development addressing the adolescent health issues of: Alcohol/Drugs; Mental Health; and Relationships. Barbara Hayes, Maureen Callaghan-Thomas, and Myrna Skakurn will be working under this project for 16 weeks. The resource/fact-sheets that are developed will be distributed to the community during each of our planned health promotion weeks.

"Voice of Teens"

"Voice of Teens" presentations to date have included: a viewing for family and invited guests in early summer; a graduate education course through St. Mary's University at the Nova Scotia Teacher's College; Community Social Services staff; a presentation to community teenagers.