



Sexual Assault
Awareness Month



Prevention is Possible

Youth frequently experience sexual violence online, at school and in their relationships. However many youth tell us that they don't feel like they have the skills to navigate these complicated issues, making it harder to get help and support.

It's never too early to talk to your kids about boundaries, consent and sexuality.

Starting these hard conversations can build trust and openness with your kids.

For information and resources on how to start these discussions and support our youth, please contact the Healthy Relationships for Youth Program at the Antigonish Women's Resource Centre & Sexual Assault Services Association at:

902-863-6221

www.awrcsasa.ca

The basket
April 6/17